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Practical Management of Pain *Elsevier Health Sciences* Rev. ed. of: **Raj's practical management of pain** / [edited by] **Honorio T. Benzon ...** [et al.]. 4th ed. 2008. **Practical Pain Management** *Lippincott Williams & Wilkins* **Thoroughly revised to reflect contemporary diagnostics and treatment, this Third Edition is a comprehensive and practical reference on the assessment and management of acute and chronic pain. This edition features 14 new chapters and is filled with new information on invasive procedures...pharmacologic interventions...neuraxial pharmacotherapy...physical and occupational therapies...diagnostic techniques...pain in terminally ill patients...cancer pain...visceral pain...rheumatologic disorders...managed care...and medicolegal issues. Reorganized with two new sections focusing on diagnostics and cancer pain. A Brandon-Hill recommended title. Acute Pain Management Delivery of effective acute pain management -- Assessment and monitoring -- Pharmacology of opioids -- Pharmacology of local anesthetics -- Nonopioid and adjuvant analgesic agents -- Systemic routes of opioid administration -- Patient-controlled analgesia -- Epidural and intrathecal analgesia -- Other regional and local analgesia -- Nonpharmacological therapies -- Acute neuropathic pain -- Chronic postacute pain -- Nonsurgical acute pain -- More complex patients -- Opioid analgesia after discharge from hospital -- Self-assessment questions. Clinical Pain Management : Practice and Procedures** *CRC Press* Largely reorganised and much expanded in this second edition, **Practice and Procedures** brings together in a single volume general methods of pain assessment and presents the wide range of therapies that can be provided by a range of health care disciplines. Authored by a multidisciplinary team of experts, chapters can stand alone for readers looking **Clinical Pain Management A Practical Guide** *John Wiley & Sons* **Clinical Pain Management** takes a practical, interdisciplinary approach to the assessment and management of pain. Concise template chapters serve as a quick reference to physicians, anesthetists and neurologists, as well as other specialists, generalists, and trainees managing pain. Based on the International Association for the Study of Pain's clinical curriculum on the topic, this reference provides to-the-point best-practice guidance in an easy-to-follow layout including tables, bullets, algorithms and guidelines. **Acute Pain Management A Practical Guide, Fourth Edition** *CRC Press* Highly Commended, **BMA Medical Book Awards 2015**Comprehensive acute pain management no longer means only caring for patients with pain resulting from postoperative and trauma-related causes-it now includes managing patients with acute pain arising from a wide variety of conditions. **Acute Pain Management: A Practical Guide** provides health professional **The Practical Pain Management Handbook The Essential Evidence-Based Guide** *Routledge* The successful management of chronic pain remains an elusive goal. As more complex diagnostic and intervention procedures become available, patients and clinicians alike have ever-greater expectations of banishing the problem of pain altogether. Unfortunately this hope is rarely fulfilled and the frustration experienced by everyone affected by chronic pain has remained more or less the same over the last two or three decades. Based on over 40 years' of experience and research **The Practical Pain Management Handbook** is a unique resource specifically designed for therapists involved in running **Pain Management Programmes (PMPs)**. This engaging and effective handbook includes: intensive inpatient and extended outpatient programmes all of which are at least 25 hours in length; interactive materials designed to be used to form the basis of group discussion. Where there is a question in the text the suggested answer material is provided; assignments and tasks that can be used as homework or group session exercises; both standard **Cognitive Behaviour Therapy (CBT)** and **Acceptance and Commitment Therapy (ACT)** technologies as both have been found to be valuable in **PMPs**. The handbook is organised into sections to fit a useful logical sequence but can be adapted to suit your preference. **Pain Management Practical Applications of the Biopsychosocial Perspective in Clinical and Occupational Settings** *Elsevier Health Sciences* Aimed at general practitioners, physiotherapists, and post-registration nurses, this book examines various aspects of pain management, such as the epidemiology and healthcare economics of pain management and after-care pain management. **Clinical Pain Management Second Edition: Practice and Procedures** *CRC Press* Largely reorganised and much expanded in this second edition, **Practice and Procedures** brings together in a single volume general methods of pain assessment and presents the wide range of therapies that can be provided by a range of health care disciplines. Authored by a multidisciplinary team of experts, chapters can stand alone for readers looking for a general overview of the methods of techniques for pain management available to them or work to complement chapters in the preceding three volumes, providing practical procedures and applications in the management of acute, chronic and cancer pain. The book is divided into three parts. Part One covers the principles of measurement and diagnosis, including history taking and examination, the selection of pain measures, diagnostic tests and novel imaging techniques. Part Two discusses the full range of therapeutic protocols available, from pharmacological therapies, through psychological techniques, physical therapy and international procedures, to techniques specific to pain assessment and management in paediatric patients. Part Three provides information on planning, conducting, analysing and publishing clinical trials, with invaluable guidance on the techniques of systematic review and meta-analysis in pain research. Part Four considers the role of multidisciplinary pain management teams, their organization, their place within different health care systems, and how best to manage change when implementing such a service. Part Five concludes the volume, investigating the use of guidelines, standards and quality improvement initiatives in the management of post-operative pain, and discussing the expert medicolegal report. **Pain Management in Nursing Practice** *SAGE* Pain is a challenging area to understand for any healthcare professional, and quality training on the subject is required if nurses are to provide effective pain management and person-centred care. Based on the curriculum developed by the International Association for the Study of Pain, this book offers an essential guide to managing pain. Beginning with an examination of the biology of pain, it then goes on to consider pain management across the life course, looking at key topics including acute pain, cancer pain and pharmacology. Case scenarios are included throughout the book to help readers apply the knowledge they have learned to their own practice. This book is aimed primarily at meeting the learning needs of undergraduate nurses, and is essential reading for all healthcare professionals studying pain. The text will be helpful as a basic foundation for more advanced postgraduate courses in pain management in nursing practice. **Practical Chronic Pain Management A Case-Based Approach** *Springer Nature* This book focuses on both the management of the pain as well as the pain patient and is formatted as a practical, evidence-based guide to managing chronic pain conditions. It meets the market need for a reference that aids physicians in understanding and improving chronic pain in their patients. Organized across 46 chapters, the book begins with an introduction on chronic pain evaluation, and specifically stresses the importance of complete patient evaluation including social and psychological evaluation. Subsequent chapters then start with an evaluation, medical and interventional options available, how and when to move from one option to another and the level of evidence offered for each intervention. These unique chapter elements provide the reader with a case-based approach to managing their patients. Additionally, a brief discussion of epidemiology and pathophysiology of the disease process is included and the technical aspects of interventional techniques are reviewed. Edited by a leader in the field with international contributing authors across pain medicine, **Practical Chronic Pain Management** this book is written primarily for anesthesiologists, pain specialists, rheumatologists, and primary care physicians. **Chronic Pain Management in General and Hospital Practice** *Springer Nature* This book covers a range of topics, from the cause and identity of pain, to pain relief management. Starting from the mechanism of pain, it continues to pain management techniques such as nerve blocks, drugs (pain killers), noninvasive manipulations psychological techniques and electric management, before describing the management of various painful conditions such as headaches, back pain, extremities pain, post-herpetic pain or complex regional pain syndrome. It also provides the format of case reports which can be used to explain management options. A novel feature of the book is that it provides additional insights into how clinicians involve patients in treating their own pain through guided self-assessment and self-management. Recent studies have revealed that pain is not only a biological alarm that warns of disease, but can also be the disease itself, or the catalyst of a vicious circle of pain and disease. Providing rapid pain relief is often effective in sparking the rapid recovery from various diseases. This book offers the perfect guide for all clinicians, not only those working at pain clinics but all those who have to treat patients who are in pain. **Bonica's Management of Pain** *Lippincott Williams & Wilkins* **Publisher's Note:** Products purchased from 3rd Party sellers are not guaranteed by the Publisher for quality, authenticity, or access to any online entitlements included with the product. This exhaustively comprehensive edition of the classic **Bonica's Management of Pain**, first published 65 years ago, expertly combines the scientific underpinnings of pain with clinical management. Completely revised, it discusses a wide variety of pain conditions—including neuropathic pain, pain due to cancer, and acute pain situations—for adults as well as children. An international group of the foremost experts provides comprehensive, current, clinically oriented coverage of the entire field. The contributors describe contemporary clinical practice and summarize the evidence that guides clinical practice. **Advancing Nursing Practice in Pain Management** *John Wiley & Sons* This book showcases the development and evaluation of innovative examples of pain management initiatives by advanced practitioners. It considers each service development or community initiative both in terms of advanced practice nursing and pain management. There is a wide range of examples of innovation in pain management included - from the introduction of ketamine use in one trust, to wider issues around meeting the needs of pain management in the community. The book considers issues including use of research, education and interprofessional working in the advanced practitioner role. Each chapter looks at development of the service, challenges of implementation, evaluation of the service's success and justifying the importance of the advanced nurse in the service's achievements. Underlying theory is considered but the focus of each chapter is the translation of knowledge and skills into practice Written by expert advanced nurse practitioners with a wealth of experience in pain management **Explores pain management in primary and secondary care, both within and outside the NHS** Suitable for qualified nurses, Nurse Practitioners, specialist nurses working in the pain field and nursing students on postgraduate courses on pain management **Pain Management in Veterinary Practice** *John Wiley & Sons* **Pain Management in Veterinary Practice** provides veterinary practitioners with the information needed to recognize and manage pain in a wide range of large, small, and exotic animal species. Encompassing acute, adaptive, and chronic, maladaptive pain, the book provides an up-to-date review of the physiology and pathophysiology of pain. **Pain Management in Veterinary Practice** offers specific strategies for addressing pain in animals, including local and regional analgesia, continuous rate infusions, and novel methods of analgesic drug delivery. With comprehensive information on the pharmacokinetic and pharmacodynamic characteristics of analgesic drugs, the book goes beyond pharmaceutical options to incorporate

scientific information on techniques for complementary treatment, including physical therapy, acupuncture, chiropractic techniques, and nutritional strategies. Pain Management in Veterinary Practice is a valuable resource for developing pain management protocols in the veterinary clinic. Chronic Pain A Primary Care Guide to Practical Management *Springer Science & Business Media* Patients with chronic pain present a unique set of challenges to the primary care clinician. In Chronic Pain: A Primary Care Guide to Practical Management, leading pain specialist Dawn A. Marcus, MD, offers practical, clear, and succinct evidence-based approaches to the diagnosis and treatment of the myriad of painful conditions clinicians see in their offices every day, such as headache, back pain, arthritis, fibromyalgia, and abdominal pain. Using an engaging case-based approach, the author simplifies the often complex care of patients with chronic pain by providing practical strategies for targeting important symptoms, establishing realistic treatment goals, and efficiently and effectively managing patients. Clinic-friendly instructional sheets (questionnaires, diaries, and chart documentation tools) can be copied directly from the book and used for both education and the monitoring of therapeutic compliance and response. Importantly, Dr. Marcus offers all of these practical applications in the context of the busy office practice. The author also presents invaluable guidelines for prescribing medications and nonmedicative therapies, and provides descriptions, illustrations, and diagnostic criteria to help identify specific, commonly occurring syndromes that produce chronic pain. Additional features include sections on opioid therapy and on chronic pain in special patient groups such as children and adolescents, pregnant women, and geriatrics. Also included is a value-added compact disk containing a companion ebook version of the book for downloading and use in the reader's computer or PDA, and continuing medical education (CME) questions that provide the opportunity to acquire 5 AMA/PRA category 1 CME credits from the American Society of Contemporary Medicine and Surgery. Comprehensive and case-oriented, Chronic Pain: A Primary Care Guide to Practical Management offers busy health care providers a practice-friendly approach to assessing and managing the often complex and time-consuming problems of chronic pain. Pain Management A Practical Guide for Clinicians *CRC Press* This authoritative two-volume reference, the Fifth Edition of an internationally acclaimed bestseller, offers the most up-to-date information available on multidisciplinary pain diagnosis, treatment, and management. Pain Management: A Practical Guide for Clinicians covers a broad range of approaches and techniques from the many different disciplines where professionals work with patients in pain. With more than 100 contributors, many of whom are among the most recognized and respected names in contemporary pain management, this is the book most recommended by the American Academy of Pain Management (AAPM) and the book used by applicants to prepare for the AAPM entrance exam. This unique, two-volume reference covers both traditional and alternative approaches and discusses the pain of children as well as adult and geriatric patients. It also includes the results of extensive bibliographic literature searches, from 1990 to the present, on each topic covered. A special section on legal considerations, including sample depositions taken from real-life cases, helps readers prepare for the possibility of litigation, so prevalent in healthcare today. Regardless of your specialty or medical training or whether you are in a large hospital or a small clinic, if you work with patients in need of pain management, this complete reference is for you. Clinical Pain Management Second Edition: Acute Pain *CRC Press* Acute Pain brings coverage of this diverse area together in a single comprehensive clinical reference, from the basic mechanisms underlying the development of acute pain, to the various treatments that can be applied to control it in different clinical settings. Much expanded in this second edition, the volume reflects the huge advances that continue to be made in acute pain management. Part One examines the basic aspects of acute pain and its management, including applied physiology and development neurobiology, the drugs commonly used in therapy, assessment, measurement and history-taking, post-operative pain management and its relationship to outcome, and preventive analgesia. Part Two reviews the techniques used for the management of acute pain. Methods of drug delivery and non-pharmacological treatments including psychological therapies in adults and children and transcutaneous electrical nerve stimulation are considered here. Part Three looks at the many clinical situations in which acute pain can arise, and the methods of treatment that may be suitable in each circumstance, whether the patient is young or old, has pain due to surgery, trauma, medical illness or childbirth, or is undergoing rehabilitation. Issues specific to the management of acute pain in the developing world are also covered here. Practical Management of Complex Cancer Pain *Oxford University Press* Practical Management of Complex Cancer Pain provides practical advice on advanced pain management techniques for cancer pains. Comprehensive case histories give readers insight into the treatment of pain management. Management of Acute Pain A Practical Guide *International Assn for the Study of Pain* Manage Your Pain Practical and Positive Ways of Adapting to Chronic Pain *Souvenir Press* Chronic pain is a silent epidemic, with one in five people suffering in their day-to-day life. An indispensable guide to understanding why your pain persists, what is going on inside your body and the symptoms that pain triggers, Manage Your Pain presents possible medical treatments and guides you through practical exercises for daily life. Dr Nicholas and Dr Molloy's strategies make it possible to set short and long term goals that will minimise the impact of pain on both work and leisure. In short, this book offers clarity and control. - Draws on the authors' extensive experience and the latest research - Clearly explains the causes of pain - Offers positive and practical ways to minimise the impact of pain - Revised and updated - Includes a chapter on pain management for older people Highly qualified and experienced medical professionals who specialise in pain management, the authors of this book offer complementary specialisms, ensuring that the widest range of treatments are covered. Pain Management Secrets E-Book *Elsevier Health Sciences* No matter what questions arise in practice or while preparing for boards, Pain Management Secrets, 3rd Edition has the answers. A two-color page layout, portable size, and a list of the "Top 100 Secrets in pain management help you better meet the challenges you face today. You'll find all the features you rely on from the Secrets Series®—a question-and-answer format, lists, mnemonics, tables and an informal tone—that make reference fast and easy. Expedites reference and review with a question-and-answer format, bulleted lists, mnemonics, and practical tips from the authors. Features a two-color page layout, "Key Points" boxes, and lists of useful web sites to enhance your reference power. Presents a chapter containing "Top 100 Secrets", providing you with an overview of essential material for last-minute study or self-assessment. Fits comfortably in the pocket of your lab coat so you have it conveniently on hand at all times. Features new editors, Charles E. Argoff, MD and Gary McCleane, MD who present a thorough update on the latest in pain management. Presents a new contemporary internal design that helps you navigate the text easier. Practical Management of Pain *Elsevier* For more than 30 years, Practical Management of Pain has offered expert guidance to both clinicians and trainees, covering every aspect of acute and chronic pain medicine for adult and pediatric patients. The fully revised 6th Edition brings you fully up to date with new developments in patient evaluation, diagnosis of pain syndromes, rationales for management, treatment modalities, and much more. Edited by a team of renowned pain clinicians led by Dr. Honorio Benzon, this authoritative reference is a comprehensive, practical resource for pain diagnosis and treatment using a variety of pharmacologic and physical modalities. Presents a wealth of information in a clearly written, easily accessible manner, enabling you to effectively assess and draw up an optimal treatment plan for patients with acute or chronic pain. Takes a practical, multidisciplinary approach, making key concepts and techniques easier to apply to everyday practice. Shares the knowledge and expertise of global contributors on all facets of pain management, from general principles to specific management techniques. Discusses the latest, best management techniques, including joint injections, ultrasound-guided therapies, and new pharmacologic agents such as topical analgesics. Covers recent global developments regarding opioid induced hyperalgesia, neuromodulation and pain management, and identification of specific targets for molecular based pain. Includes current information on the use of cannabinoids in pain management and related regulatory, professional, and legal considerations. Includes the latest guidelines on facet injections and safety of contrast agents. Provides new, evidence-based critical analysis on treatment modality outcomes and the latest information on chronic pain as a result of surgical interventions. Enhanced eBook version included with purchase. Your enhanced eBook allows you to access all of the text, figures, and references from the book on a variety of devices. A Practical Guide to Chronic Pain Management Understand pain. Take back control *Icon Books* Chronic pain affects huge numbers of people - the WHO estimates that 37-41% of people across developed and developing countries suffer, and the figure rises in countries like the UK where the population is ageing. From arthritis to migraine, back pain to diabetes, chronic pain is a huge problem for individuals, their families and carers, health providers and employers. David Walton, a clinical and cognitive psychologist who experiences chronic pain himself, guides readers through an understanding of the nature of pain; how the body and mind react to it; how to minimise pain; and how to choose the right therapies, medication and relief strategies. Modern research is presented in an engaging and positive way, alongside self-assessment questionnaires, case studies and practical do's and don'ts. Through an understanding of pain mechanisms and relief strategies, readers will be enabled to manage their symptoms better and regain some control over their daily lives. BSAVA Guide to Pain Management in Small Animal Practice *BSAVA* The BSAVA Guide to Pain Management in Small Animal Practice is an essential reference guide for use in daily practice by all members of the veterinary team. Presented in an easy-to-read instructional format, this guide is intended to give practitioners practical information on pain management for small animals, including cats and dogs, birds, rabbits and exotic pets, with an emphasis on patient welfare and evidence-based medicine. The early chapters lay the foundations of pain management, including the physiology of pain, acute and chronic pain, pharmacological treatment and physical treatment. The following chapters focus on particular pain scenarios, such as dental pain and cancer pain, using authors' perspectives and case examples to enhance guidelines. Principles And Practice Of Managing Pain: A Guide For Nurses And Allied Health Professionals A guide for nurses and allied health professionals *McGraw-Hill Education (UK)* Pain management is a popular topic for nursing students and one that is covered primarily during years 2 and 3 of UK pre-registration nursing courses. An understanding of the mechanics of pain, how pain affects individuals and how pain can be treated is absolutely core to nursing study and practice and nurses need to be able to identify, assess and treat pain responsibly and as part of their broader care for patients. The emphasis of the book will not be on facts, physiology or pharmacology, but instead the book will draw on these things to help students develop a solid philosophy of care that encompasses good pain management. Practical Pain Management *OUP Oxford* Emphasizes the practical management of all types of pain. It analyzes why pain is often disregarded by clinicians and poorly managed, as well as exploring the mechanisms involved in pain perception, the use of analgesic drugs, and stimulation techniques. Acute Pain Management A Practical Guide *CRC Press* "With a focus on practical acute pain management in adults in the hospital setting, this book aims to provide health professionals with simple and practical information to help them manage patients with acute pain safely and effectively and assist in the management of acute pain in a variety of more complex patients, where effective treatment can often be challenging and some patients may run the risk of receiving suboptimal care. Combines evidence-based information about acute pain management with practical guidelines and protocols Covers the pharmacology of opioids, local anesthetics, and nonopioid and adjuvant analgesic agents, and the techniques commonly used in acute pain management Discusses management of acute pain in both surgical and nonsurgical acute pain settings including in patients with spinal cord or burns injuries and selected medical illnesses Includes evidence-based information about management of acute pain in some specific patient groups in whom treatment may be more complex, including the older patient, opioid-tolerant patients, those with an addiction disorder, pregnant or lactating patients and patients with obstructive sleep apnea or who have renal or hepatic impairment Considers the role of acute pain management in the context of the current opioid epidemic and identifies possible strategies to minimise the risks. This new edition incorporates new evidence and practices and looks at the role of acute pain management in the opioid epidemic, and possible risk mitigation"-- Practical Guide to Chronic Pain Syndromes *CRC Press* Clinically oriented and evidence-based, Practical Guide to Chronic Pain Syndromes supplies pain specialists, neurologists, and anesthesiologists with the latest critical advances in pain management. Key features include: Sections clearly organized by specific pain syndromes Chapters with basic structural templates for fast-referencing Two supplement Management of Chronic Pelvic Pain A Practical Manual *Cambridge University Press* A practical manual on the treatment of pelvic pain, focusing on the many gynecological and non-gynecological causes of the condition. Pain Management and Palliative Care A Comprehensive Guide *Springer* This comprehensive book covers the knowledge needed to diagnosis and treat patients with acute and chronic pain. Sections dedicated to patient

evaluation, medication management, treating patients with more complex circumstances and interventional management provide clinically-relevant information on an array of topics relevant to both the generalist and specialist. Some sections being organized in a diagnosis based approach help to focus on these topics and serve as a quick reference. A practical and easy-to-use guide, *Pain Management and Palliative Care* provides a broad foundation on pain assessment and management and is an invaluable daily companion for those managing patients experiencing pain. *Handbook of Pain Management in Practice* *JP Medical Ltd* *Handbook of Pain Management in Practice* provides an overview of pain management, including acute and chronic pain, and the principles of treatment. The book is a reference tool for the evaluation of pain and also provides practical information regarding diagnosis and treatment of disorders causing pain. Divided into 21 chapters, the book begins with the basics of pain, assessment of the patient, and pharmacotherapy of pain. Further chapters discuss specific types of pain, including headache, back ache, abdominal pain and cancer pain. Each chapter provides treatment guidelines based on symptoms. Concluding chapters feature discussion on emergencies in pain practice, physiotherapy and rehabilitation, and interventions in pain management practice. 38 images and 24 tables enhance the text in this practical resource for GPs, internists, students and teachers. Key Points Overview of pain management covering a range of pain symptoms Other topics include emergencies, physiotherapy and rehabilitation, and interventions 62 images and tables *Feline Anesthesia and Pain Management* *John Wiley & Sons* *Feline Anesthesia and Pain Management* offers a definitive and practical guide to feline anesthesia and pain management. The only book offering detailed practical information on anesthesia and pain management in cats, one of the world's most popular pets World renowned author team Quick reference format with full color illustrations Offers detailed practical information on anesthesia and pain management tailored to the unique needs of cats Includes a team of world-renowned authors who are experts in veterinary anesthesia and analgesia Uses a quick reference format that makes the information easy to find and follow Presents full color images to illustrate concepts *Pain in Children A Practical Guide for Primary Care* *Springer Science & Business Media* Advances over the past two decades have enabled physicians to revolutionize the manner in which they can assess and manage children's pain. Thirty years ago it was thought that young children did not experience pain and therefore it was not necessary to treat it. Today professionals from a variety of disciplines have contributed data that have revolutionized medical perspectives. Technological advances now enable doctors to treat acute pain in fetuses, premature neonates, infants, toddlers, children, and adolescents with increasing precision and efficacy. Research highlighting the context of chronic pain has moved them away from a mind-body dichotomy and toward an integrated, holistic perspective that leads to substantial improvement in children's adaptive functioning as well as subjective discomfort. This book covers these topics and is intended for anyone who provides medical care to children. Each chapter provides an overview of the problem, followed by a "hands on" description of relevant assessment and intervention strategies. The role of the primary care practitioner is highlighted, both as a front-line resource as well as a consumer of specialized pediatric pain treatment services. Each chapter ends with a summary and specific bullet points highlighting the most central elements, making for quick and easy reference. *Pain Management in Small Animal Medicine* *CRC Press* *Pain Management in Small Animal Medicine* describes and clearly illustrates the difficulties and choices facing veterinarians in identifying and treating pain, in addition to providing an account of the neurobiological mechanisms responsible for the pain. Expanded from the author's previous work, *Chronic Pain in Small Animal Medicine*, this volume uses the original text to illustrate the core theme of "mechanism base" and expands the text considerably with the inclusion of areas beyond chronic pain. Topics include: Pain assessment in small animal medicine The functional physiology of pain The use of pharmacologics and nonsteroidal anti-inflammatory drugs Nutraceutical mechanisms and therapy Management of pain related to canine osteoarthritis, musculoskeletal disease, and cancer Pain management features unique to cats Emphasizing the latest evidence and contemporary understanding of "why" and "how" to treat pain, the book will enable veterinary healthcare professionals as well as those in training, education, and research to develop a greater depth of knowledge in mechanisms of pain and potential targets for treatment— thereby raising the standard of care for pain management. *Management of Pain A Practical Approach for Health Care Professionals* This book offers an insight into all aspects of pain in order to provide practitioners with a balanced and holistic approach to pain management. Supported by evidence and research throughout, *Management of Pain* uses real-life clinical scenarios. The book provides the reader with practical advice and knowledge of modern methods of pain management. *It Hurts A Practical Guide for Pain Management* *WellBridge Books* It's not every day that you get to crawl inside the head of a psychologist to get a glimpse of how he views chronic pain and the people it affects. This view from the "other side of the couch" offers insights ... from a pain psychologist who has spent thousands of hours working with individuals faced with chronic pain. *Integrative Pain Medicine The Science and Practice of Complementary and Alternative Medicine in Pain Management* *Springer Science & Business Media* This important book fills a need in the developing area of Pain Medicine. It provides physicians with an up-to-date resource that details the current understanding about the basic science underlying the mechanism of action of the various CAM therapies used for pain. It summarizes the clinical evidence both for efficacy and safety, and finishes with practical guidelines about how such treatments could be successfully and safely integrated into a Pain practice. *Managing Pain in Children A Clinical Guide* *John Wiley & Sons* All children have a right to appropriate prevention, assessment and control of their pain. *Managing Pain in Children* is an evidence-based, practical guide to care in all areas of children's pain management, providing nurses and other health care practitioners with the skills and expertise necessary to manage children's pain effectively. The text first explores the relevant anatomy and physiology of children, the latest policy guidelines surrounding pain management and ethical issues involved in managing children's pain. It then goes on to look at the various pain assessment tools available for children and non-drug methods of pain relief. The text then goes on to apply these pain management principles to practice in relation to acute pain, chronic pain, palliative care and the management of procedural pain. Each of these chapters covers the evidence base, assessment techniques, pain relieving interventions, and guidance for best practice in both hospital and community settings. Special features: Practical and accessible, with 'best practice' points in each chapter Written in the context of latest policy developments Provides the necessary evidence-base for care throughout With contributions from experts in the field *Master Your Chronic Pain A Practical Guide* Do you want to manage your chronic pain and get your life back on track? Are you fed up with being held hostage by persistent pain and want to take action now? This book by chronic pain expert Dr Nicola Sherlock will show you how. Chronic pain is a huge problem. It is estimated that between one third and one half of the adult population in the UK live with pain. In turn, many people struggle to manage their pain; they report that it affects nearly every aspect of their lives, and that they feel held captive by it. Furthermore, the emotional impact of pain has been increasingly recognised, and it is recommended that treatments for chronic pain no longer rely on medication alone. However, it is difficult to find relatable, easy-to-understand information on the non-medical aspects of pain management. *Master Your Chronic Pain* adopts a holistic view of pain. Each chapter looks at a different aspect of pain management, from the benefits of mindfulness meditation to overcoming a fear of exercise to strategies for improving sleep. The emotional impact of pain is discussed, and practical tips for managing stress, worry, and low mood are given. Strategies for managing thoughts and emotions are explored, and the impact of pain on relationships is examined. This book uses principles from Acceptance and Commitment Therapy (ACT) which has been established as a highly effective therapeutic approach in the management of chronic pain. Through *Master Your Chronic Pain*, you will be able to take control of your condition. The interventions and techniques detailed have consistently helped to improve outcomes and reduce people's reliance on medication. The techniques help people to live fuller, more enjoyable lives once more. Become less rigid in your thinking and grow your self-confidence. About the author. Dr Nicola Sherlock has spent 20 years working in a pain service in the NHS, and has worked with thousands of patients who have shared their stories. Using these accounts and applied research from pain management studies, Nicola has helped many people to manage their pain and live better lives. In this book, Nicola shares her knowledge and expertise with compassion and understanding so that readers can master their pain and live better, more fulfilled lives.