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KEY=SELF - ANGELO CARLIE

Research Anthology on Navigating School Counseling in the 21st Century

IGI Global School counseling in the 21st century requires a new set of skills and practices than seen in past decades. With a sharper focus on social justice, the experiences and challenges for marginalized groups, and more open discussions as to issues students face, school counselors must be best equipped to handle all types of diverse students and situations. School counselors and guidance programs must address multicultural needs, underserved populations, and students with issues ranging from mental illness to family issues to chronic-illnesses and LGBTQ+ identities. Moreover, they must be prepared to guide students to learning success and adequately prepare them for future careers. The challenges students face in the 21st century lead to new ways to prepare, support, and educate school counselors in modern educational atmospheres with student bodies that are handling vastly different challenges, identities, and lifestyles. School counselors must navigate the profession with information on best practices, techniques, and 21st century skillsets that can adequately support and help all students. The Research Anthology on Navigating School Counseling in the 21st Century provides emerging research on the best practices in school counseling, along with methods, techniques, and professional development initiatives to better understand diverse student populations, needs, and challenges. This book will not only focus on how school counselors must adapt and learn in their own professional careers, but also how school counseling is functioning in the 21st century with the new concerns and obstacles students must face and overcome. The chapters provide a holistic view of how counselors are navigating their positions to best serve their students through effective practices, programs, and new tools and technologies. This book is ideal for school counselors, therapists, school psychologists, counseling educators, administrators, practitioners, researchers, academicians, and students who are interested in school counseling in the 21st century.

Implementing Culturally Responsive Practices in Education

IGI Global With the recent increase of student diversity in the educational system, there is a need for cultural responsiveness. Cultural responsiveness, or culturally responsive practices, help to break down barriers that may cause or contribute to academic, behavioral, social emotional, and/or mental health difficulties demonstrated by students. Implementing culturally responsive practices increases equitable education opportunities for all students. Implementing Culturally Responsive Practices in Education is an essential research publication that looks to increase educators' knowledge and skillsets to obtain a better understanding of working with students from different cultural, linguistic, and economic backgrounds. Moreover, the book allows educators to obtain a deeper understanding of the current issues with proposed interventions regarding cultural responsiveness and how to best support the students with whom they work. Featuring a wide range of topics including social justice, equality, and special education, this book is ideal for professionals, educators, administrators, curriculum designers, academicians, researchers, and students.

The Self-Talk Solution

Outlines specific Self-Talk applications for personal growth, improving relationships, fitness and health, career and skill building, problem solving, personal organization, and accomplishment

The Therapist's Notebook on Strengths and Solution-Based Therapies

Homework, Handouts, and Activities

Taylor & Francis The Therapist's Notebook on Strengths and Solution-Based Therapies offers multiple pathways for those in helping relationships to employ strengths and solution-based (SSB) principles and practices as a vehicle for promoting positive change with individuals, couples, and families. The 100 exercises in this book are based on a series of core principles that are not only central to solution-based therapies; they have been demonstrated through research as essential to successful outcome. Readers will learn about processes and practices that are supported by research and are collaborative, competency-based, culturally sensitive, client-driven, outcome-informed, and change-oriented. The text is categorized into seven parts, each formatted similarly to ensure easy accessibility. Practitioners will find their therapy enhanced, with a greater ability to improve their clients' well-being, relationships, and social roles.

Education and Training in Solution-Focused Brief Therapy

Routledge The one-of-a-kind book that provides training exercises illustrating solution-focused brief therapy! As we recognize our own problem behavior in our lives, most of us struggle for ways to change it. Solution-focused brief therapy is the highly effective practice that works by changing concentration from 'problem' behavior to 'solution' behavior in just a few sessions. Education and Training in Solution-Focused Brief Therapy presents articles, essays, and a multitude of exercises that explain this unique type of therapy with an eye toward helping readers to use the ideas for use in their own training and practice. Detailed descriptions of training workshops and exercises spotlight the experiences of SFBT therapists to illuminate in-depth basic concepts and strategies. Education and Training in Solution-Focused Brief Therapy relies on two fundamental ideas, that of a therapist discovering and reinforcing a clients' existing solutions and exceptions to the problem. Expert trainers discuss strategies that work for training and practicing Solution-focused brief therapy. Several exercises for clients are examined, as well as exercises for the training and supervision of other practitioners learning the process. Exercises include The Name Game, the Complaining Exercise, Inside and Outside, the 'Deck of Trumps,' and the Solution-Focused Scavenger Hunt. Each chapter explains the circumstances in which to use each exercise, the best ways to enhance effectiveness, and how to stay on track in the teaching or training. This one-of-a-kind book includes helpful tables, thorough questionnaires, penetrating case studies, and each chapter is extensively referenced. Education and Training in Solution-Focused Brief Therapy discusses brief therapy principles such as: negotiating goals engagement through complimenting future orientation language should be imaginative and positive explanations and actions taken to solve problems are interconnected challenging the perceived causes of problems reframing the problem so that it becomes a friend acknowledgement and acceptance of client Education and Training in Solution-Focused Brief Therapy brings together essential ideas, suggestions, strategies, and exercises for solution-focused brief therapy training, making this an invaluable resource for solution-focused brief therapists and therapists who teach and train this form of therapy.

The Self-talk Solution

William Morrow & Company Outlines specific Self-Talk applications for personal growth, improving relationships, fitness and health, career and skill building, problem solving, personal organization, and accomplishment

The Decades of Life

A Guide to Human Development

Westminster John Knox Press In groundbreaking fashion Donald Capps builds on the previous work of Erik Erikson and James Fowler on the eight stages of life and faith development by focusing on the decades of life. This important modification allows developmental theory to be applied to the way people actually discuss life stages, which is in ten-year periods of peoples lives. Capps integrates the insights of psychology with those of pastoral care to show pastors and students how the decades of life impact churches and create situations and contexts for ministry.

Working with Solution Focused Brief Therapy in Healthcare Settings

A Practical Guide

Taylor & Francis Solution focused brief therapy is an evidence-based approach that enables people to make meaningful change in their everyday lives. This book shares ideas on how speech and language therapists and others working in medical settings can integrate SFBT into their therapeutic interactions to support clients handling acute or chronic health conditions. It outlines core aspects of the approach in an accessible format, bridging the gap between theory and practice, and provides guidance on adapting SFBT for clients living with communication disabilities. There are suggestions for different clinical situations, with real-life case examples drawn from working with people living with Parkinson's disease, stroke, motor neurone disease, cancer and chronic pain. Combining practical advice with photocopiable resources, this book covers: • Establishing person-centred, holistic goals for therapy • Future focused descriptions • Building on a person's resources and successes • Responding to distress • Supervision and support This accessible book can be read as an introductory text for those new to this approach and will also be invaluable to clinicians who have already received some training in SFBT. It is likely to become a trusted resource, supporting allied health professionals and others to ensure their therapy is grounded in client priorities.

Classroom Discussions

Using Math Talk to Help Students Learn, Grades K-6

Math Solutions This best seller offers an unparalleled look at the significant role that classroom discussions can play in teaching mathematics and deepening students' mathematical understanding. Based on a four-year research project funded by the U.S. Department of Education, the second edition includes more examples of classroom talk focusing on pre-algebra and early grade levels; an expanded range of vignettes; chapter-ending discussion questions for book study groups; connections to NCTM's Principles and Standards for School Mathematics; and an index of every mathematical and Standards for School Mathematics; and an index of every mathematical example used, classified by grade level and mathematical emphasis.

Language Intervention for School-age Students

Setting Goals for Academic Success

Elsevier Health Sciences Going beyond the common approach to language disorders in school-age populations, this innovative resource supplements a theoretical understanding of language intervention with a wealth of practical application strategies professionals can use to improve learning outcomes for children and adolescents with LLD.

Exploring the Nature, Content, and Frequency of Intrapersonal Communication

Frontiers Media SA This eBook is a collection of articles from a Frontiers Research Topic. Frontiers Research Topics are very popular trademarks of the Frontiers Journals Series: they are collections of at least ten articles, all centered on a particular subject. With their unique mix of varied contributions from Original Research to Review Articles, Frontiers Research Topics unify the most influential researchers, the latest key findings and historical advances in a hot research area! Find out more on how to host your own Frontiers Research Topic or contribute to one as an author by contacting the Frontiers Editorial Office: frontiersin.org/about/contact.

The Shortcut Guide to Secure, Managed File Transfer

Realtimerepublishers.com

Still Growing

The Creative Self in Older Adulthood

ISD LLC The later-adult years are commonly viewed as a period in which one struggles to maintain a vestige of the physical, mental, and emotional vitality of one's earlier years. In 'Still Growing', however, Donald Capps shows that older adulthood is actually a period of growth and development, and that a central feature of this growth and development is the remarkable creativity of older adults. This creativity is the consequence of the wisdom gained through years of experience but is also due to a newly developed capacity to adapt to unprecedented challenges integral to the aging process. In Part 1, Capps illustrates the challenges of transitioning to older adulthood from the author's own experiences, while in Part 2 he draws on material from Erik H. Erikson, Sigmund Freud, and Paul W. Pruyser

to account for longevity, adaptability, and creativity in older adults. Finally, in part 3 he focusses on the work of both William James and Walt Disney to fashion a model of creative aging.

Franco-Israeli Relations, 1958-1967

Taylor & Francis Since the Sinai campaign, France had been Israel's ally, providing advanced weapons and granting political support and economic aid. When Charles de Gaulle returned to lead France in 1958 during the Algerian War, Israeli leadership faced a challenge to maintain the friendship in light of the President's insistence on re-establishing French influence in the Arab world. This book discusses their efforts and examines de Gaulle's uncompromising pursuit of French grandeur and the ramifications of this for the State of Israel.

Case Documentation in Counseling and Psychotherapy: A Theory-Informed, Competency-Based Approach

Cengage Learning CASE DOCUMENTATION IN COUNSELING AND PSYCHOTHERAPY teaches counselors and psychotherapists how to apply counseling theories in real-world settings. Written in a clear, down-to-earth style, the text provides a comprehensive introduction to case documentation using four commonly used clinical forms: case conceptualization, clinical assessment, treatment plan, and progress note. These documents incorporate counseling theory and help new practitioners understand how to use theory in everyday practice. Case studies illustrate how to complete documentation using each of seven counseling models. Readers also learn about the evidence base for each theory as well as applications for specific populations. Designed to produce measurable results that have value beyond the classroom, the text employs learning-centered, outcome-based pedagogy to engage students in an active learning process. Its case documentation assignments-created using national standards-help students apply concepts and develop professional skills early on in their training. When students become practicing mental health professionals they can use this book-with its practical overviews of theories, conceptualization, treatment planning, and documentation-as a clinical reference manual. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

The Veterans and Active Duty Military Psychotherapy Treatment Planner

John Wiley & Sons

The Talking Cure

TV Talk Shows and Women

Psychology Press Discusses the history of daytime television talk shows and their impact on social change, particularly for women.

Self-Care Solution

Smart habits & simple practices to allow you to flourish

Aster Self-care is the future of preventative medicine - it is the nourishment that gives us a fighting chance to minimize illness, fatigue, depression and anxiety. The Self-Care Solution offers an essential program to stress-proof the body and mind, bringing us back from the brink of energetic bankruptcy. Based on the latest scientific research into the mind/body connection, psychologist, yoga teacher and personal trainer Suzy Reading has developed a Vitality Wheel that offers a complete head, heart and body Self-care Toolkit. Ditch the exhausted, caffeine-driven, working frantically you and be your inspired, effective and vital self again.

Theory and Treatment Planning in Counseling and Psychotherapy

Cengage Learning One of the first books in the field of counseling to use a competency-based approach for teaching counseling and psychotherapy theories, Gehart's text is designed to teach the skills and knowledge outlined in current CACREP Standards. Featuring state-of-the-art, outcomes-based pedagogy, the text introduces counseling and psychotherapy theories using theory-informed case conceptualization as well as treatment planning. Assignments empower students to apply theoretical concepts and develop real-world skills as early as possible in their training, resulting in greater mastery of the material. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

Stretch Yourself

A Personalized Journey to Deepen Your Teaching Practice

International Society for Technology in Education Two award-winning young educators from opposite sides of the globe share their insights to guide teachers on how to take risks and innovate in their daily practice. Stretch Yourself: A Personalized Journey to Deepen Your Teaching Practice is chock-full of tools and strategies to show teachers, especially those new to the profession, how to stretch and innovate in their teaching. Using the metaphor of yoga--with its focus on process and practice--the authors take teachers on a journey of self-reflection and assessment, leading them through three stages: Breathe, Stretch and Meditate. The book covers such topics as developing a sense of self-awareness to achieve excellence and the importance of maintaining balance and persevering in your practice. This book features: • The unique look and feel of a journal, with space to write and reflect on ideas as you read. • A self-assessment quiz so you can evaluate your mindset in terms of technology use and innovation. • Ideas for using tools available in your "edtech toolbox" to improve your teaching practice. • Highlights of teachers' and students' voices through project examples so you can learn from various perspectives. • Practical activities aligned to ISTE Standards for Educators and the ISTE Standards for Students. As the authors state, "Only through interacting with content, making mistakes and trying new things can we truly become aware of what there is to learn."

Pursuit of Peace

Zion Christian Publishers We are living in a time of increasing confusion and turmoil. People in the world are full of insecurity; they are troubled, lonely, and full of self-doubt. In the midst of such uncertainty, peace is a sacred treasure. Yet the sad truth is that many people, and this includes many Christians, have never enjoyed the blessings of true peace. Peace seems illusive and out of reach, and very difficult to maintain in our daily lives. God's Word, however, encourages those who belong to Him to diligently "seek peace and pursue it" (Ps 34:14). This divine directive is meant to stir us up. If we truly desire to live a victorious Christian life, we cannot just be satisfied with wishing or yearning for peace. Instead, we must enthusiastically pursue it, and when we find it, we must grab hold of it

and not let it go. For all who seek an inner calm from the fears and frustrations of life, it is our prayer that this book will help you in your personal pursuit of peace. Through Jesus Christ, we have been promised “abundant life” (Jn. 10:10). Still, many Christians cling to the wrong belief that abundant life is only possible when we reach heaven. However, there are keys in God’s precious Word—that when unlocked and received within our spirit—will bring us to that place of peace we are longing for in this life. These keys, which are established for us in “The Pursuit of Peace,” will enable us to “Win the War Within” as we conquer our insecurities through the wonderful, life-changing Word of God!

VCSEL Industry

Communication and Sensing

John Wiley & Sons A hands-on reference to the technical, commercial, and industrial aspects of VCSEL technology In VCSEL Industry: Communication and Sensing, a team of distinguished researchers and manufacturing professionals deliver a thorough and practical reference guide to vertical-cavity surface-emitting lasers (VCSELs) for young entrepreneurs, investors, venture capitalists, and researchers. The authors offer comprehensive descriptions of the technology involved, as well as a robust exploration of the industry and commercial landscape in which VCSELs exist. The book contains numerous illustrations and schematics of the anatomy of VCSEL product developments and an insightful discussion of the proliferation of VCSELs in photonics and optics. There is also a dedicated section on photoreceivers used for VCSEL-based data communications and sensing. VCSEL Industry: Communication and Sensing provides readers with an accessible, commercial perspective of an important technology while offering just enough technical detail to make sense of the subject. The book also includes: A thorough introduction to VCSELs, including discussions of semiconductor lasers, materials, wavelengths, and why VCSELs are attractive for photonics applications Comprehensive explorations of the VCSEL industry, including market demands, an industry landscape, descriptions of commercial products based on VCSELs, and business models Practical discussions of VCSELs for data communication, including high-speed VCSELs, gain and parasitic effects on bandwidth and speed, and form factors and standards In-depth examinations of VCSEL arrays for sensing, including high-power VCSELs in consumer electronics Perfect for early-career researchers, engineers, entrepreneurs, investors, and managers, VCSEL Industry: Communication and Sensing will also prove to be an invaluable addition to the libraries of executives from across the semiconductor industry.

Building Real-time Mobile Solutions with MQTT and IBM MessageSight

IBM Redbooks MQTT is a messaging protocol designed for the Internet of Things (IoT). It is lightweight enough to be supported by the smallest devices, yet robust enough to ensure that important messages get to their destinations every time. With MQTT devices, such as energy meters, cars, trains, mobile phones and tablets, and personal health care devices, devices can communicate with each other and with other systems or applications. IBM® MessageSight is a messaging appliance designed to handle the scale and security of a robust IoT solution. MessageSight allows you to easily secure connections, configure policies for messaging, and scale to up to a million concurrently connected devices. This IBM Redbooks® publication introduces MQTT and MessageSight through a simple key fob remote MQTT application. It then dives into the architecture and development of a robust, cross-platform Ride Share and Taxi solution (PickMeUp) with real-time voice, GPS location sharing, and chat among a variety of mobile platforms. The publication also includes an addendum describing use cases in a variety of other domains, with sample messaging topology and suggestions for design.

We Need to Change to Solve the Water Crisis: Humanity is not a Plague: How 10 Billion People can Exist Together

IWA Publishing We need to change to solve the water crisis. It is impossible for 10 billion people to exist together on this Earth - as predicted for the year 2100 - unless the ricer part of the world no longer merely focuses on its own health, prosperity and happiness, and instead starts working seriously on developing a higher consciousness. In this essay, Cess Buisman sharply analyses some of the problems facing mankind, such as fresh water shortages, whilst overturning several clichés and offering unexpected, positive solutions. Overpopulation is not the problem; the effects of our actions on the rest of the world have a much greater impact. 'Back to nature' is not the solution, nor is an overreliance on science and innovation. In fact, large-scale technologies could even increase our problems. The growth of humanity depends on the growth of our consciousness. We need to change now. We Need to Change to Solve the Water Crisis, published by Bornmeer & Noordboe in 2018 as Humanity is not a Plague: How 10 Billion People can Exist Together

Self-Therapy: A Step-By-Step Guide to Creating Inner Wholeness Using Ifs, a New, Cutting-Edge Therapy

Hillcrest Publishing Group Understand your psyche in a clear and comprehensive way, and resolve deep-seated emotional issues... 'Self-Therapy' makes the power of a cutting-edge psychotherapy approach accessible to everyone. Internal Family Systems Therapy (IFS) has been spreading rapidly across the country in the past decade. It is incredibly effective on a wide variety of life issues, such as self-esteem, procrastination, depression, and relationship issues. IFS is also user-friendly; it helps you to comprehend the complexity of your psyche. Dr. Earley shows how IFS is a complete method for psychological healing that you can use on your own. 'Self-Therapy' is also helpful for therapists because it presents the IFS model in such detail that it is a manual for the method. The fact that Jay Earley wrote this book is high praise for the IFS model because he was an accomplished writer and thinker long before encountering IFS. Jay's passion has been to introduce IFS to a lay audience so that people can work with their parts on their own. Through well-described experiential exercises and examples of actual IFS sessions, you will be able to enter your inner world, heal your extreme parts, and transform them into valuable resources. -Richard Schwartz, PhD, creator of IFS, from the Foreword

Podcast Solutions

The Complete Guide to Audio and Video Podcasting

Apress A much-needed work focusing on one of the e-community’s hottest topics, this is the second edition of a book that covers both video and audio podcasts, as well as updated software and resources. This edition is much improved and updated to cover the latest gear that readers and podcasters want to learn about. Critically, the book also shows how to create video as well as audio podcasts. It provides all the reader needs to know to get heard and now seen online, regardless of his or her level of experience and technical knowledge.

Solution-Focused Counseling in Schools

John Wiley & Sons The third edition of this widely adopted text covers the philosophical foundations and nuts-and-bolts of using solution-focused counseling to help preschool-12 students resolve problems. Dr. Murphy’s practical and respectful approach has been successfully applied throughout the world by school counselors, counselors-in-training, psychologists, social workers, teachers, administrators, and clinicians who work with young clients. His empowering techniques help students focus on doing what works as simply and efficiently as possible by using their strengths, resources, wisdom, and feedback. This edition includes new chapters and information on the restrictive influence of problems, strategies for building positive relationships, collecting client feedback to monitor and improve services, and coconstructing solvable problems and reachable goals. Real-life case examples, sample dialog from counseling sessions, discussion and practice exercises, troubleshooting tips, and new and expanded appendixes enhance the book’s classroom and clinical utility. A complimentary test manual and PowerPoint slides for instructors’ use are available by written request to ACA. *Requests for digital versions from the ACA can be found on wiley.com. *To request print copies, please visit the ACA website here.

*Reproduction requests for material from books published by ACA should be directed to permissions@counseling.org.

Equations of Motion in Relativistic Gravity

Springer The present volume aims to be a comprehensive survey on the derivation of the equations of motion, both in General Relativity as well as in alternative gravity theories. The topics covered range from the description of test bodies, to self-gravitating (heavy) bodies, to current and future observations. Emphasis is put on the coverage of various approximation methods (e.g., multipolar, post-Newtonian, self-force methods) which are extensively used in the context of the relativistic problem of motion. Applications discussed in this volume range from the motion of binary systems -- and the gravitational waves emitted by such systems -- to observations of the galactic center. In particular the impact of choices at a fundamental theoretical level on the interpretation of experiments is highlighted. This book provides a broad and up-to-date status report, which will not only be of value for the experts working in this field, but also may serve as a guideline for students with background in General Relativity who like to enter this field.

Animal-Assisted Brief Therapy

A Solution-Focused Approach

Taylor & Francis This book provides an overview of Animal-Assisted Activities (AAA) and Animal-Assisted Therapy (AAT) and demonstrates how they can be incorporated into solution-focused treatment programs. Pichot, focusing on the use of therapy dogs, starts with a discussion of the basics of AAA/T and solution-focused therapy, as well as what every practitioner should know about dogs before partnering with them. Successfully combining all of this into an effective treatment program is considered next. Pichot draws upon her own experience developing an AAA/T program in the substance abuse counseling program at a county public health agency to illustrate the effective implementation of such a program and the struggles and lessons learned in doing so. Using AAA/T with special populations, cultural considerations, and the impact a therapy dog can have on the handler. New in this edition are client scenarios that demonstrate the therapist's thought process when making clinical decisions about when and how to use a therapy dog. Sample forms and treatment plans are also provided that professionals can use to modify or structure in their work with clients. The concepts and information provided in this valuable guide will be helpful for any therapist regardless of whether he or she is in private practice or working in an agency setting.

How to Study for Standardized Tests

Jones & Bartlett Publishers How to Study for Standardized Tests Focuses on Three Key Variables: the Test, You, and Important Study Resources (Including Study Methods and Techniques). This Detailed Guide Describes and Explains How to Take Tests Effectively and Efficiently In A Timed Environment While Helping to Reduce the Impact of Test Anxiety. the Authors Include A Discussion of Techniques to Help You Select Answers When Guessing Is Your Only Option. by Learning As Much As You Can About What It Takes to Prepare for and Perform Well on Standardized Tests and by Following the Advice In This Book You Can Realize Your High-

Progress in Physics, vol. 3/2005

The Journal on Advanced Studies in Theoretical and Experimental Physics, including Related Themes from Mathematics

Infinite Study Progress in Physics has been created for publications on advanced studies in theoretical and experimental physics, including related themes from mathematics.

InfoWorld

InfoWorld is targeted to Senior IT professionals. Content is segmented into Channels and Topic Centers. InfoWorld also celebrates people, companies, and projects.

Developing Helping Skills: A Step by Step Approach to Competency

Cengage Learning Chang, Scott, and Decker's multilayered teaching and learning system presents a creative blend of learning methods and clear presentation of topics to help students think like practitioners and apply foundational skills to real-world practice. Students first read about professional practice and the skills required to work effectively with clients. Students then think and write about the ideas and concepts presented in the text by completing homework exercises following each new concept. Next, students watch and discuss the accompanying DVD (available for packaging with the text), which demonstrates how to use the skills covered in the text with an individual, family, or group. Furthermore, the text's modified case-based method introduces a continuing case, one section at a time, throughout the chapters, which helps students learn how to think like professionals. Finally, exercises with specific directions for role-playing the client, practitioner, and peer supervisor, followed by a simple evaluation tool completed by the peer supervisor and practitioner, promote practice and evaluation. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

Meet Me at the Palaver

Narrative Pastoral Counseling in Postcolonial Contexts

Wipf and Stock Publishers Meet Me at the Palaver makes the case for a particular approach to pastoral counseling as a response to the destructive impact of colonial Christianity on indigenous African communities. The book opens with stories of destructive change brought to indigenous contexts (such as Zimbabwe, Africa), wherein the culture, values, religion, and humanity of African peoples were often marginalized. Mucherera demonstrates that therapy or counseling as taught in the West will not always suffice in such contexts, since these approaches tend to promote and focus on individuality, autonomy, and independence. Counselors in indigenous contexts need to "get off their couch or chair" and into the neighborhoods--into those places made vulnerable to disease and poverty by the collapse of "the palaver" and other traditional institutions of social stability. Since storytelling was at the heart of the practices of the palaver and continues to be a way of life in African cultures, Mucherera argues for a holistic narrative pastoral counseling approach to assess and service the three basic areas of human needs in indigenous African communities: body, mind, and spirit.

Technology Leadership in Teacher Education: Integrated Solutions and Experiences

Integrated Solutions and Experiences

IGI Global "This book presents international authors, who are teacher educators, and their best practices in their environments, discussing topics such as the online learning environment, multimedia learning tools, inter-institutional collaboration, assessment and accreditation, and the effective use of Web 2.0 in classrooms"--Provided by publisher.

Learning Solution-Focused Therapy

An Illustrated Guide

American Psychiatric Pub Solution-focused therapy is an evidenced-based practice that focuses on creating conversations that build solutions, rather than solve problems. Learning Solution-Focused Therapy: An Illustrated Guide teaches readers how to practice and become competent in conducting solution-focused therapy, an area of growing interest as the emphasis on brief therapy increases. Critical to the book's learning strategy is the generous use of case illustrations that are detailed, rich, and instructive without being overly didactic. The case approach provides an effective means for seeing concepts put into practice, and since medicine is becoming more patient-focused, the solution-focused therapy model is highly relevant. Organized to show how a solution-focused interview is conducted, the book presents the basic model and goes on to apply this model in psychopharmacology, addiction, supervision and consultation. Each chapter combines readings, solution-focused questions, case illustrations, learning exercises and video demonstrations (available online), which together constitute a comprehensive course in this therapeutic modality. Moreover, the author's conversational writing style makes the tenets and techniques accessible and interesting to a wide variety of clinicians. Learning Solution-Focused Therapy: An Illustrated Guide will appeal to clinicians who wish to enhance their skills and support their patients' growth in a positive way.

What to Say When You Talk to Your Self

Simon and Schuster "Powerful new techniques to program your potential for success"--Cover.

Brief Coaching

A Solution Focused Approach

Routledge Brief Coaching offers a new approach to coaching by considering how the client will know when they have reached their goal, and what they are already doing to get there. The coach aims to work towards the solution rather than working away from the problem, so that the client's problem is not central to the session, but instead the coach and the client work towards the client's preferred future. This book employs case examples and transcripts of sessions to offer guidance on: looking for resources rather than deficits exploring possible and preferred futures examining what is already contributing to that future treating clients as experts in all aspects of their lives. This practical guide includes summaries and activities for the coach to do with the client and will therefore be a useful tool for both new and experienced coaches, as well as therapists branching into coaching who want to add to their existing skills.

Sparse Solutions of Underdetermined Linear Systems and Their Applications

SIAM This textbook presents a special solution to underdetermined linear systems where the number of nonzero entries in the solution is very small compared to the total number of entries. This is called a sparse solution. Since underdetermined linear systems can be very different, the authors explain how to compute a sparse solution using many approaches. Sparse Solutions of Underdetermined Linear Systems and Their Applications contains 64 algorithms for finding sparse solutions of underdetermined linear systems and their applications for matrix completion, graph clustering, and phase retrieval and provides a detailed explanation of these algorithms including derivations and convergence analysis. Exercises for each chapter help readers understand the material. This textbook is appropriate for graduate students in math and applied math, computer science, statistics, data science, and engineering. Advisors and postdoctoral scholars will also find the book interesting and useful.

Kiplinger's Personal Finance

The most trustworthy source of information available today on savings and investments, taxes, money management, home ownership and many other personal finance topics.