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KEY=TO - POWELL JOHANNA

Introduction to Psychology

"This book is designed to help students organize their thinking about psychology at a conceptual level. The focus on behaviour and empiricism has produced a text that is better organized, has fewer chapters, and is somewhat shorter than many of the leading books. The beginning of each section includes learning objectives; throughout the body of each section are key terms in bold followed by their definitions in italics; key takeaways, and exercises and critical thinking activities end each section"--BCcampus website.

Psychology: A Very Short Introduction

Oxford University Press "Fully updated new edition"--Label on cover.

Clinical Psychology

An Introduction

Routledge *Clinical Psychology* is for students studying clinical psychology as part of an undergraduate programme in psychology, nursing, sociology or social and behavioural sciences. Undergraduate students who wish to know if postgraduate study in clinical psychology would be of interest to them will find this book particularly useful. The book will inform students about: the profession of clinical psychology how to get onto a clinical psychology postgraduate training programme the way clinical psychologists work with children, adolescents and adults with common psychological problems the main models of practice used by clinical psychologists, and the scientific evidence for the effectiveness of psychological interventions. There is a focus on both clinical case studies and relevant research, and the book includes summaries, revision questions, advice on further reading and a glossary of key terms, all of which make it an excellent student-friendly introduction to an exceptionally interesting subject.

An Introduction to the Philosophy of Psychology

Cambridge University Press "Our topic here is psychology, the self-styled science of the mind. Psychology's aim is to explain mental phenomena by describing the underlying processes, systems, and mechanisms that give rise to them. These hidden causal levers underlie all of our mental feats, including our richest conscious perceptions, our most subtle chains of reasoning, and our widest-ranging plans and actions. While the phenomena of mind are intimately related to events occurring in the brain, these psychological explanations are, we will argue, distinct and autonomous from explanations in terms of neural processes and mechanisms. According to the view we present here, psychology and neuroscience are different enterprises. We certainly wouldn't claim that our ever-increasing understanding of how the brain works has nothing to say to psychology: on the contrary, they are complimentary, since neuroscience can provide invaluable input to psychological theorizing (and vice versa, a point that we think is not stressed often enough). But our task will be to give a thorough account of the scope, methods, content, and prospects for a distinctive science of our mental lives"--

Introducing Psychology

A Graphic Guide

Icon Books Ltd *What is psychology? When did it begin? Where did it come from? How does psychology compare with related subjects such as psychiatry and psychotherapy? To what extent is it scientific? Introducing Psychology* answers all these questions and more, explaining what the subject has been in the past and what it is now. The main "schools" of thought and the sections within psychology are described, including Introspection, Biopsychology, Psychoanalysis, Behaviourism, Comparative (Animal) Psychology, Cognitive Approaches (including the Gestalt movement), Social Psychology, Developmental Psychology and Humanism. The key figures covered include: Freud, Pavlov, Skinner, Bandura, Piaget, Bowlby, Maslow and Rogers, as well as many lesser-known but important psychologists.

Introduction to Psychology

Rex Bookstore, Inc. "In contemplating a revision of our *Psychology: a Factual Textbook*, we turned for criticisms and suggestions to the psychologists who were known to be using the book. Very soon it became evident, with their replies in hand for analysis, that something more than a revision would be necessary to satisfy the needs of many teachers. Our aim in this new text has been to respond to the temper of the times without losing the authority that comes with multiple authorship by experts, and equally without diminishing, we hope, the seriousness of the scientific approach to the problems of psychology. This new book is so much more than a revision of the old that we have given it a new title. In it we have turned the old book hind part to, beginning with the consideration of conduct and ending with the treatment of perception. The book is considerably enlarged, with some new chapters and some new collaborators. As was the case in the first book, these expert authors have formulated in the first instance the content of the chapters, but thereafter we as editors have freely exercised our right to alter their texts in the interests of unity in the whole." (PsycINFO Database Record (c) 2006 APA, all rights reserved).

Psychology: An Introduction for Health Professionals

Elsevier Health Sciences *Psychology: An Introduction for Health Professionals* will appeal to the undergraduate nursing and health science student seeking to understand patient responses and behaviours to various diagnoses, interventions and health outcomes. Written by Patricia Barkway and Deb O'Kane, the text is divided into two sections. The first introduces essential concepts and theories of psychology in the context of human development across the lifespan. The second focuses on applying these concepts and theories to healthcare issues and practice. Critical thinking questions encourage reflection on clinical practice Case studies provide clinical relevance Chapter 14 Psychology in Practice features discipline-specific case studies across 11 health disciplines Research focus examples in each chapter assist students to link research to clinical practice An eBook included in all print purchases Additional resources on Evolve eBook on VitalSource Instructor Resources Image collection PowerPoint slides Test bank Answer Key—critical thinking questions Student resources: Glossary Student practice questions Discipline-specific case studies

The Little Book of Psychology

An Introduction to the Key Psychologists and Theories You Need to Know

Viva Editions *If you want to know your Freud from your Jung and your Milgram from your Maslow, strap in for this whirlwind tour of the highlights of psychology. Including accessible primers on: The early thinkers who contributed to psychological ideas and the birth of modern psychology Famous (and often controversial) experiments and their repercussions What psychology can teach us about memory, language, conformity, reasoning and emotions The ethics of psychological studies Recent developments in the modern fields of evolutionary and cyber psychology. This illuminating little book will introduce you to the key thinkers, themes and theories you need to know to understand how the study of mind and behavior has sculpted the world we live in and the way we think today.*

An Introduction to Social Psychology

John Wiley & Sons "The fifth edition of this highly successful text, *An Introduction to Social Psychology* has been fully revised and updated. Accessibility for students has been improved, including better illustrations, greater use of colour and a more approachable format, as well as a wealth of online resources. Combining its traditional academic rigour with a contemporary level of cohesion, accessibility, pedagogy and instructor support, the fifth edition of *An Introduction to Social Psychology* provides the definitive treatment of social psychology"--

The Open University's Introduction to Psychology

Volume

Psychology

An Introduction

Oxford University Press, USA This is a solid foundational undergraduate text written from a fresh and innovative perspective. The text is divided into ten sections covering various key theoretical areas in psychology. There are 41 chapters written by contributors representing universities across South Africa and in the United States and UK. A golden thread narrative is written by psychologist, Kerry Gibson, at the beginning of each chapter, linking the concepts explained to the southern African scenario.

An Introduction to Educational Psychology

Routledge This book introduces students of education to the elements of educational psychology. It also relates as closely as possible the findings of research to classroom practice. In order to make clear the fundamental processes involved in psychological development, the book starts with a study of the way in which the young child adapts its behaviour to its environment. This study considers some of the key aspects of physical development, mainly the central nervous system. At the same time the way physical growth and psychological development are influenced by the experience of the individual is also discussed. This discussion of development is followed by an examination of the processes of learning, with particular attention paid to the works of Piaget. The salient points of each chapter are brought together in a summary which may be used by the reader to obtain a preliminary overview of the content of the chapter, and as an aid to revision.

Psychology: A Very Short Introduction

Oxford Paperbacks Psychology is part of everyone's experience: it influences the way we think about everything from education and intelligence, to relationships and emotions, advertising and criminality. People readily behave as amateur psychologists, offering explanations for what people think, feel, and do. But what exactly are psychologists trying to do? What scientific grounding do they have for their approach? This book provides an understanding of some of psychology's leading ideas and their practical relevance, making it a stimulating introduction for anyone interested in understanding the human mind. **ABOUT THE SERIES:** The Very Short Introductions series from Oxford University Press contains hundreds of titles in almost every subject area. These pocket-sized books are the perfect way to get ahead in a new subject quickly. Our expert authors combine facts, analysis, perspective, new ideas, and enthusiasm to make interesting and challenging topics highly readable.

Psychology for health professionals

Elsevier Health Sciences This fully updated second edition is written specifically for health science and nursing students in Australia and New Zealand. Authored by the highly regarded Patricia Barkway, with a diverse range of expert contributors, this Elsevier e-book interprets psychology for nurses, as well as for students of paramedicine, occupational therapy, physiotherapy, public health, pharmacy, psychology, social work and midwifery. Psychology for Health Professionals 2e e-book examines essential psychological theories, placing them within a social context. Acknowledging increasing awareness that behaviour is influenced as much by external factors as biological and psychological ones, the book's first half outlines psychological, lifespan and social theories, then applies them to contemporary health issues in later chapters. A key focus of this leading psychology e-book is examining individual personality and psychological theory within the social context of people's lives. New content includes current, evidence-based research, references and clinical examples relevant to interdisciplinary, contemporary healthcare practice. Issues of cultural safety and awareness have been strengthened throughout; there is a new section on chronic illness and a focus on recovery. This introductory psychology e-book does not assume its readers will have prior 'psychology' knowledge, yet it can easily be used well beyond first-year university. Critical thinking questions Classroom activities Research focus boxes providing examples of current research and evidence-based practice Interdisciplinary case studies throughout Further resources and web links to provide further reading and research and up-to-date information, data and statistics

Introductory Psychology in Modules

Understanding Our Heads, Hearts, and Hands

Routledge Introductory Psychology in Modules: Understanding Our Heads, Hearts, and Hands is a unique and comprehensive textbook that offers an accessible, engaging introduction to the key topics of psychology through thirty-six modules that facilitate more focused, interactive learning. Each of the thirty-six modules features an essay on a specific psychology topic—including memory and cognition, human development, clinical psychology, and applied psychology—that stimulate focused critical thinking. Augmenting the essays are supplementary hands-on activities and group discussion proposals, and the modules conclude with multiple-choice practice quizzes for students. These, along with the heavy use of anecdotes, will engage students in active, participatory learning and encourage them to understand and interact with the content of the essays. The modular format allows for instructors to personalize the order of topics covered, as well as skip certain topics and custom-build their own courses on introductory psychology. By covering the classic theories, research, and contemporary findings that every student in psychology should study in digestible, focused modules, Introductory Psychology in Modules is an essential core textbook for all students taking introductory psychology courses. Additionally, the specified modular format allows for this text to be used for supplementary reading where critical thinking is required to aid students in related areas, including nursing, medicine, social work, policing, and sociology.

Critical Psychology

An Introduction

SAGE Critical Psychology acknowledges the influence of related perspectives including feminism, critical theory, postmodernism, hermeneutics and discursive psychology. Fox and Prilleltensky do not set out to write an account of the history of critical psychology.... Instead, Fox and Prilleltensky's text introduces us to a particular strand of recent critical work in psychology. The book is also notable because it stands as a potential teaching text, which is relatively unusual in critical psychology.... Finally, perhaps the most telling endorsement for any book is that I have already ordered copies for use in an undergraduate psychology module.... I welcome this thought provoking and accessible text, and look forward to subsequent editi

Advanced Introduction to Law and Psychology

Edward Elgar Publishing Leading scholar Tom R. Tyler provides a timely and engaging introduction to the field of law and psychology. This Advanced Introduction outlines the main areas of research, their relevance to law and the way that psychological findings have shaped - or failed to shape - the corresponding areas of law. Key features include focus on the relevance of psychological theories to topics in law, emphasis on the institutional realities within which law functions and discussion of the problems of bringing research findings into the legal system.

An Introduction to the Psychology of Humor

Routledge An Introduction to the Psychology of Humor provides a comprehensive and accessible overview of psychologists' research on humor. Drawing on research from a variety of psychological perspectives, from cognitive and biological to social and developmental, the book explores factors that affect our detection, comprehension, liking, and use of humor. Throughout the book, theories and paradigms of humor are explored, with each chapter dedicated to a distinct field of psychological research. Covering topics including humor development in children and older adults, humor's effectiveness in advertisements, cross-cultural psychology and humor's functions in the workplace, the book addresses the challenges psychologists face in defining and studying humor despite it being a universal and often daily experience. Featuring a wealth of student-friendly features, including learning objectives and classroom activities, An Introduction to the Psychology of Humor is an essential read for all students of humor.

Introductory Psychology

MacMillan Biological bases of behaviour - Cognition - Animal behaviour - Human development - Social psychology - Personality and abnormal behaviour - Research methods and statistics.

Evolutionary Psychology

An Introduction

Cambridge University Press Written for undergraduate psychology students, and assuming little knowledge of evolutionary science, the third edition of this classic textbook provides an essential introduction to evolutionary psychology. Fully updated with the latest research and new learning features, it provides a thought-provoking overview of evolution and illuminates the evolutionary foundation of many of the broader topics taught in psychology departments. The text retains its balanced and critical evaluation of hypotheses and full coverage of the fundamental topics required for undergraduates. This new edition includes more material on the social and reproductive behaviour of non-human primates, morality, cognition, development and culture as well as new photos, illustrations, text boxes and thought questions to support student learning. Some 280 online multiple choice questions complete the student questioning package. This new material complements the classic features of this text, which include suggestions for further reading, chapter summaries, a glossary, and two-colour figures throughout.

Forensic Psychology: A Very Short Introduction

[OUP Oxford](#) Lie detection, offender profiling, jury selection, insanity in the law, predicting the risk of re-offending, the minds of serial killers and many other topics that fill news and fiction are all aspects of the rapidly developing area of scientific psychology broadly known as Forensic Psychology. *Forensic Psychology: A Very Short Introduction* discusses all the aspects of psychology that are relevant to the legal and criminal process as a whole. It includes explanations of criminal behaviour and criminality, including the role of mental disorder in crime, and discusses how forensic psychology contributes to helping investigate the crime and catching the perpetrators. It also explains how psychologists provide guidance to all those involved in civil and criminal court proceedings, including both the police and the accused, and what expert testimony can be provided by a psychologist about the offender at the trial. Finally, David Canter examines how forensic psychology is used, particularly in prisons, to help in the management, treatment and rehabilitation of offenders, once they have been convicted. **ABOUT THE SERIES:** The Very Short Introductions series from Oxford University Press contains hundreds of titles in almost every subject area. These pocket-sized books are the perfect way to get ahead in a new subject quickly. Our expert authors combine facts, analysis, perspective, new ideas, and enthusiasm to make interesting and challenging topics highly readable.

Hergenhahn's An Introduction to the History of Psychology

[Cengage Learning](#) For more than 30 years, numerous independent reviewers, student advice writers and even competitors have heralded HERGENHAHN'S AN INTRODUCTION TO THE HISTORY OF PSYCHOLOGY as the best in the field--and for good reason. It was the first History of Psychology text to include basic pedagogy--elements such as summaries and study questions that several current alternatives still lack. It engages students with interesting biographical tidbits--the fun facts that readers fondly remember after other details fade. Grounded in original source material and contemporary scholarship, the book provides breadth and depth of analysis unrivaled by works of similar length. In the eighth edition, author Tracy Henley continues to demonstrate that most of the concerns of contemporary psychologists are manifestations of themes that have been part of Psychology for hundreds--or even thousands--of years. **Important Notice:** Media content referenced within the product description or the product text may not be available in the ebook version.

A Critical Introduction to Psychology

[Nova Science Publishers](#) "A Critical Introduction to Psychology is the first scholarly book, in which fifteen critical psychologists analyze chapters from popular Introduction to Psychology textbooks. In their critiques of mainstream (Euro-American) psychology, the authors of this edited volume also envision a pluriversal, transdisciplinary psychology, which is inclusive of critical voices from all over the world"--

An Introduction to Cognitive Psychology

Processes and Disorders

[Psychology Press](#) This is a comprehensive undergraduate textbook which provides, in a single volume, chapters on both normal cognitive function and related clinical disorder.

Introduction to Coaching Psychology

[Routledge](#) This collection featuring chapters by leading international practitioners will offer an introduction to coaching psychology for those new to it, including students, trainees, psychologists, and coaches. *Introduction to Coaching Psychology* covers key topics, including the background and development of coaching psychology, the coach-coachee relationship, coaching psychology approaches and models, and themes such as assessment, contracting, and the setup in coaching psychology practice. Applications in coaching psychology are considered, including a look at particular coaching psychology specialisms and interventions, as well as discussions about working in organisations, working with young people, and life and personal coaching. Professional practice issues, such as boundaries and best practice, and coaching and diversity, are also explored. Furthermore, a review of coaching psychology research is presented. The book also offers a rich collection of case studies to illustrate the practice of coaching psychology in a real-world setting and concludes with a consideration of the future of the field. This timely and accessible book will be essential reading for anyone new to the field, as well as coaches, psychologists, and counsellors interested in the theory, research, and practice of coaching psychology.

An Introduction to Critical Social Psychology

[SAGE](#) What is critical social psychology? In what ways can social psychology be progressive or radical? How can it be involved in political critique and reconstruction? Is social psychology itself the problem? *Critical social psychology* offers a confusing array of diverse answers to these questions. This book cuts through the confusion by revealing the very different assumptions at work in this fast growing field. A critical approach depends on a range of often-implicit theories of society, knowledge, as well as the subject. This book will show the crucial role of these theories for directing critique at different parts of society, suggesting alternative ways of doing research, and effecting social change. It includes chapters fr

The Psychology of Learning

An Introduction from a Functional-Cognitive Perspective

[MIT Press](#) An introduction to the psychology of learning that summarizes and integrates findings from both functional psychology and cognitive psychology. Learning unites all living creatures, from simple microbes to complex human beings. But what is learning? And how does it work? For over a century, psychologists have considered such questions. Behavior analysts examined the ways in which the environment shapes behavior, whereas cognitive scientists have sought to understand the mental processes that enable us to learn. This book offers an introduction to the psychology of learning that draws on the key findings and major insights from both functional (behavior analysis) and cognitive approaches. After an introductory overview, the book reviews research showing how seemingly simple regularities in the environment lead to powerful changes in behavior, from habituation and classical conditioning to operant conditioning effects. It introduces the concept of complex learning and considers the idea that for verbal human beings even seemingly simple types of learning might qualify as instances of complex learning. Finally, it offers many examples of how psychological research on learning is being used to promote human well-being and alleviate such societal problems as climate change. Throughout the book, boxed text extends the discussion of selected topics and "think it through" questions help readers gain deeper understanding of what they have read. The book can be used as an introductory textbook on the psychology of learning for both undergraduate and postgraduate students or as a reference for researchers who study behavior and thinking.

Neuroscience for Psychologists

An Introduction

[Springer Nature](#) This textbook is intended to give an introduction to neuroscience for students and researchers with no biomedical background. Primarily written for psychologists, this volume is a digest giving a rapid but solid overview for people who want to inform themselves about the core fields and core concepts in neuroscience but don't need so many anatomical or biochemical details given in "classical" textbooks for future doctors or biologists. It does not require any previous knowledge in basic science, such as physics or chemistry. On the other hand, it contains chapters that do go beyond the issues dealt with in most neuroscience textbooks: One chapter about mathematical modelling in neuroscience and another about "tools of neuroscience" explaining important methods. The book is divided in two parts. The first part presents core concepts in neuroscience: Electrical Signals in the Nervous System Basics of Neuropharmacology Neurotransmitters The second part presents an overview of the neuroscience fields of special interest for psychology: Clinical Neuropharmacology Inputs, Outputs and Multisensory Processing Neural Plasticity in Humans Mathematical Modeling in Neuroscience Subjective Experience and its Neural Basis The last chapter, "Tools of Neuroscience" presents important methodological approaches in neuroscience with a special focus on brain imaging. Neuroscience for Psychologists aims to fill a gap in the teaching literature by providing an introductory text for psychology students that can also be used in other social sciences courses, as well as a complement in courses of neurophysiology, neuropharmacology or similar in careers outside as well as inside biological or medical fields. Students of data sciences, chemistry and physics as well as engineering interested in neuroscience will also profit from the text.

Psychology 2e

The Psychology of Health

An Introduction

[Routledge](#) The first edition of *The Psychology of Health* has become the standard recommended text for many courses. This completely revised and updated second edition contains new material in all chapters and has several additional chapters on such topics as cancer, nutrition and exercise, social drugs, and the impact of social inequalities upon health. *The Psychology of Health* will continue to be invaluable for students of health psychology and related fields, including nursing, social work, community care and health studies. *The Psychology of Health*, second edition, is: * comprehensive: its four parts cover the scope and ambition of health psychology, acute and chronic illness, hospitalisation and the management of disease, primary prevention and health promotion, the importance of the family and the wider social context for health * user-friendly: includes tables, figures and boxes with discussion ideas and questions in each chapter. Prefaces to each part, key point summaries and a glossary of terms give students a useful framework for revision * clearly written by an experienced team involved in undergraduate teaching * a source for further study: with annotated guides to reading and an

extensive bibliography.

Psychology

An Introduction

[Longman](#) The market-leading GCSE Psychology textbook.

Introduction to Political Psychology

[Psychology Press](#) The first comprehensive textbook on political psychology, this user-friendly volume explores the psychological origins of political behavior. Using psychological concepts to explain types of political behavior, the authors introduce a broad range of theories and cases of political activity to illustrate the behavior. The book examines many patterns of political behaviors including leadership, group behavior, voting, race, ethnicity, nationalism, political extremism, terrorism, war, and genocide. Text boxes highlight current and historical events to help students see the connection between the world around them and the concepts they are learning. Examples highlight a variety of research methodologies used in the discipline such as experimentation and content analysis. The "Political Being" is used throughout to remind the reader of the psychological theories and concepts to be explored in each chapter. Introduction to Political Psychology explores some of the most horrific things people do to one another for political purposes, as well as how to prevent and resolve conflict, and how to recover from it. The goal is to help the reader understand the enormous complexity of human behavior and the significant role political psychology can play in improving the human condition. Designed for upper division courses on political psychology or political behavior, this volume also contains material of interest to those in the policymaking community.

Transforming Introductory Psychology

Expert Advice on Teacher Training, Course Design, and Student Success

[American Psychological Association \(APA\)](#) This book presents recommendations for teaching the introductory psychology course, developed by the Introductory Psychology Initiative (IPI) task force appointed by APA's Board of Educational Affairs (BEA). Case studies illustrate the application of recommendations to learning goals and outcomes, course design, teacher training, and student transformation.

Self Psychology

An Introduction

[Jason Aronson, Incorporated](#) This comprehensive, introductory text makes the concepts of self psychology accessible for both students and clinicians. Beginning with an overview of the development of Kohut's ideas, particularly those on narcissism and narcissistic development, the author lucidly explains self object concept and why it is at the core of the self psychological vision of human experience. The book also covers how self psychology conceives of psychological growth, therapeutic action, and psychopathology and offers valuable guidance for the clinician who puts self psychological treatment into practice.

Work and Organizational Psychology

An Introduction with Attitude

[Psychology Press](#) In this unique text, Christine Doyle provides the student with a cutting-edge introduction to the field of work and organizational psychology. The main focus is on recent changes that have occurred in the world of work, incorporating their causes, consequences, proposed solutions to the associated problems, and above all, the challenges they pose for work and organizational psychology. Among the topics covered are motivation at work, the concept of stress, and the causes of individual accidents and organizational disasters. Solutions to such problems might include lifelong learning and training, performance management, career development, and employee assistance programmes. This lively, provocative, and highly readable book will be an essential resource for advanced undergraduate and postgraduate students of work and organizational psychology, as well as business management students, managers and anyone with an interest in human resources management.

Introduction to Psychology

[Brooks/Cole](#) Using a unique "magazine-style" format, this THOMSON ADVANTAGE BOOKS version of INTRODUCTION TO PSYCHOLOGY offers a modular, visually-oriented approach to the fundamentals that makes even the toughest concepts engaging and entertaining.. Incorporating the latest research updates, the text breaks concepts down into small, easily digested chunks.

An Introduction to Social Psychology

Self Psychology

An Introduction

[Jason Aronson](#) This comprehensive, introductory text makes the concepts of self psychology accessible for both students and clinicians. Beginning with an overview of the development of Kohut's ideas, particularly those on narcissism and narcissistic development, the author lucidly explains self object concept and why it is at the core of the self psychological vision of human experience. The book also covers how self psychology conceives of psychological growth, therapeutic action, and psychopathology and offers valuable guidance for the clinician who puts self psychological treatment into practice.

Discourse and Psychology

An Introduction

[Taylor & Francis](#) This book presents a unique understanding of the interdependence between language and psychology and how one's speech is shaped by and in turn shapes one's thoughts, beliefs, and emotions. Drawing on the tenets of discourse analysis and psychology, it presents a comprehensive guide to a new and burgeoning area in linguistics and critical theory. The volume focusses on individual and group behaviour to show how identity formation is as much dependent on the psychological state as on social surroundings and context. It introduces various concepts from the sociocognitive framework, discursive and critical psychology, highlighting the myriad ways of approaching the complex interface between text, sociocultural factors, and cognitive processes. An indispensable guide to the complex world of language and the unconscious, the volume will be of interest to students and scholars of linguistics, applied linguistics, sociolinguistics, psychology and behavioural science, language, and critical theory. It is also a must-read for the general reader interested in language, communication, and social intelligence.

Introduction to Health Psychology in Australia

"Introduction to Health Psychology in Australia 2nd edition provides comprehensive, up-to-date coverage of health psychology from an Australian and international perspective. The text covers all mainstream health psychology topics including risk behaviours, stress and illness, family life and public health. Health promotion is discussed throughout."--Back cover.