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KEY=ROACH - BRANDT MELENDEZ

SPOOK: SCIENCE TACKLES THE AFTERLIFE

W. W. Norton & Company The best-selling author of *Stiff* and *Bonk* trains her considerable wit and curiosity on the human soul. "What happens when we die? Does the light just go out and that's that—the million-year nap? Or will some part of my personality, my me-ness persist? What will that feel like? What will I do all day? Is there a place to plug in my lap-top?" In an attempt to find out, Mary Roach brings her tireless curiosity to bear on an array of contemporary and historical soul-searchers: scientists, schemers, engineers, mediums, all trying to prove (or disprove) that life goes on after we die.

GULP: ADVENTURES ON THE ALIMENTARY CANAL

W. W. Norton & Company The humorous science writer offers a tour of the human digestive system, explaining why the stomach doesn't digest itself and whether constipation can kill you.

GRUNT: THE CURIOUS SCIENCE OF HUMANS AT WAR

W. W. Norton & Company A *New York Times* / *National Bestseller* "America's funniest science writer" (*Washington Post*) Mary Roach explores the science of keeping human beings intact, awake, sane, uninfected, and uninfested in the bizarre and extreme circumstances of war. Grunt tackles the science behind some of a soldier's most challenging adversaries—panic, exhaustion, heat, noise—and introduces us to the scientists who seek to conquer them. Mary Roach dodges hostile fire with the U.S. Marine Corps Paintball Team as part of a study on hearing loss and survivability in combat. She visits the fashion design studio of U.S. Army Natick Labs and learns why a zipper is a problem for a sniper. She visits a repurposed movie studio where amputee actors help prepare Marine Corps medics for the shock and gore of combat wounds. At Camp Lemmonier, Djibouti, in east Africa, we learn how diarrhea can be a threat to national security. Roach samples caffeinated meat, sniffs an archival sample of a World War II stink bomb, and stays up all night with the crew tending the missiles on the nuclear submarine USS Tennessee. She answers questions not found in any other book on the military: Why is DARPA interested in ducks? How is a wedding gown like a bomb suit? Why are shrimp more dangerous to sailors than sharks? Take a tour of duty with Roach, and you'll never see our nation's defenders in the same way again.

BONK

Canongate Books Few things are as fundamental to human happiness as sex, and few writers are as entertaining about the subject as Mary Roach. Can a woman think herself to orgasm? Is your penis three inches longer than you think? Why doesn't Viagra help women - or, for that matter, pandas? Does orgasm boost fertility? Or cure hiccups? The study of sexual physiology - what happens, and why, and how to make it happen better - has been taking place behind closed doors for hundreds of years. In this fascinating and funny book, Mary Roach steps inside laboratories, brothels, pig farms, sex-toy R&D labs - even Alfred Kinsey's attic - to tell us everything we wanted to know about sex, and a lot we'd never even thought to ask.

STIFF: THE CURIOUS LIVES OF HUMAN CADAVERS

W. W. Norton & Company A look inside the world of forensics examines the use of human cadavers in a wide range of endeavors, including research into new surgical procedures, space exploration, and a Tennessee human decay research facility.

MY PLANET

FINDING HUMOR IN THE ODDEST PLACES

Simon and Schuster From acclaimed, *New York Times* best-selling author Mary Roach comes the complete collection of her "My Planet" articles published in *Reader's Digest*. She was a hit columnist in the magazine, and this book features the articles she wrote in that time. Insightful and hilarious, Mary explores the ins and outs of the modern world: marriage, friends, family, food, technology, customer service, dental floss, and ants—she leaves no element of the American experience unchecked for its inherent paradoxes, pleasures, and foibles. On Cleanliness: Ed has crud vision, and I don't. I don't notice filth. Ed sees it everywhere. I am reasonably convinced that Ed can actually see bacteria. . . . He confessed he didn't like me using his bathrobe because I'd wear it while sitting on the toilet. "It's not like it goes in the water," I protested, though if you counted the sash as part of the robe, this wasn't strictly true. On the Internet: The Internet is a boon for hypochondriacs like me. Right now, for instance, I'm feeling a shooting pain on the side of my neck. A Web search produces five matches, the first three for a condition called Arnold-Chiari Malformation. While my husband, Ed, reads over my shoulder, I recite symptoms from the list. "'General clumsiness' and 'general imbalance.'" I say, as though announcing arrivals at the Marine Corps Ball. "'Difficulty driving,' 'lack of taste,' 'difficulty feeling feet on ground.'" "Those aren't symptoms," says Ed. "Those are your character flaws." On Fashion: My husband recently made me try on a bikini. A bikini is not so much a garment as a cloth-based reminder that your parts have been migrating all these years. My waist, I realized that day in the dressing ro

SPOOK

Perfection Learning In an attempt to find out what happens when people die, the author of "Stiff: The Curious Lives of Human Cadavers" brings her tireless curiosity to bear on an array of contemporary and historical soul-searchers: scientists, schemers, engineers, mediums, all trying to prove (or disprove) that there is an afterlife.

ANIMAL VEGETABLE CRIMINAL

WHEN NATURE BREAKS THE LAW

Simon and Schuster AN AMAZON BEST BOOK OF 2021 'Delightful' Ed Yong What's to be done about a drunken elephant? A monkey caught mugging passers-by? A trespassing squirrel? Follow Mary Roach as she investigates laser scarecrows, robo-hawks, human-elephant conflict specialists and monkey impersonators. Travel to the bear-busy back alleys of Aspen, the gull-vandalized floral displays at the Vatican and leopard-terrorized hamlets in the Himalayas. In this fresh, funny and thoroughly researched book, dive into the weird and wonderful moments when humanity and wildlife bump up against one another.

HELLO, GOODBYE

75 RITUALS FOR TIMES OF LOSS, CELEBRATION, AND CHANGE

Simon and Schuster Embrace the power of ritual with simple practices that slow us down to honor and mark the real moments in our lives—from the loss of a parent to the birth of a child, from grieving a pet to celebrating coming out of the closet. Life has many transitions: A baby is born. A child leaves for college. A marriage. A divorce. A death. We all experience moments of profound change, but what do we do to mark those moments? How do we become mindful of these events and imbue them with purpose and meaning? Could our lives be better, richer, and more resilient if we had more practical resources and rituals to honor, sanctify, and make sense of these transitions? Day Schildkret, artist and author behind the international Morning Altars movement, believes that what we need is ritual. Rituals are the rhythms and traditions that give us a sense of stability in the face of uncertainty by reminding us that there's always something we can do, say or make that conjures awe, contentment, and gratitude. They give us a way to acknowledge through our actions that, as life changes, we too must change. Offering ways to make these moments special and sacred, *Hello, Goodbye* teaches you to not fear uncertainty, but instead participate fully and creatively in life's inevitable changes, including: -Birth of a child -Moving and new homes -Divorce -Empty nesting -Retirement -Death anniversary -Health crises Containing over 75 hands-on ritual instructions, informed by hundreds of interviews, and filled with beautiful illustrations, inspirational story-telling, potent questions, and experienced wisdom, *Hello, Goodbye* is a lifelong go-to guide for life's many milestones, perfect for those looking to find meaning in change and embrace the transformative thresholds of our lives. *Hello, Goodbye* is the guide we all need to navigate life's uncertainties with grace, meaning, and intention, perfect for fans of Krista Tippett, Priya Parker, and Elena Brower.

JUMP, TRUST, FLY

A GUIDE FOR THE NEXT 365 DAYS

Mountain Arbor Press

THE PERFECT MEDIUM

PHOTOGRAPHY AND THE OCCULT

Yale University Press In the early days of photography, many believed and hoped that the camera would prove more efficient than the human eye in capturing the unseen. Spiritualists and animists of the nineteenth century seized on the new technology as a method of substantiating the existence of supernatural beings and happenings. This fascinating book assembles more than 250 photographic images from the Victorian era to the 1960s, each purporting to document an occult phenomenon: levitations, apparitions, transfigurations, ectoplasms, spectres, ghosts, and auras. Drawn from the archives of European and American occult societies and private and public collections, the photographs in many cases have never before been published. *The Perfect Medium* studies these rare and remarkable photographs through cultural, historical, and artistic lenses. More than mere curiosities, the images on film are important records of the cultural forces and technical methods that brought about their

production. They document in unexpected ways a period when developing photographic technology merged with a popular obsession with the occult to create a new genre of haunting experimental photographs.

THE WHOLE DEATH CATALOG

A LIVELY GUIDE TO THE BITTER END

Ballantine Books In the tradition of Mary Roach's bestselling *Stiff* and Jessica Mitford's classic exposé *The American Way of Death* comes this meticulously researched, refreshingly irreverent, and lavishly illustrated look at death from acclaimed author Harold Schechter. With his trademark fearlessness and bracing sense of humor, Schechter digs deep into a wealth of sources to unearth a treasure trove of surprising facts, amusing anecdotes, practical information, and timeless wisdom about that undiscovered country to which we will all one day travel. Topics include • Death anxiety—is your fear of death normal or off the scale? • You can't take it with you . . . or can you? Wacky wills and bizarre bequests • The hospice experience—going out in comfort and style • Deathbed and funeral etiquette—how to help the dying and mourn the dead with dignity • Death on demand—why the right-to-die movement may be the next big thing • “Good-bye everybody”—famous last words • The embalmer's art—all dressed up and nowhere to go • Behind the scenes at your local funeral home • Alternative burial choices—from coral reefs to outer space From the cold, hard facts of death to lessons in the art of dying well, from what happens in the body's last living moments to what transpires in the ground or in the furnace, from near-death experiences to speculation on the afterlife, *The Whole Death Catalog* leaves no gravestone unturned.

GORY DETAILS

Simon and Schuster Using humour and real science in the tradition of Mary Roach, this groovy narrative from the author of *National Geographic's* popular *Gory Details* blog illuminates the gross, strange, morbid, and outright absurd realities of our bodies, our earth, and our universe. Filled to the brim with far-out facts, this wacky, funny, and informative narrative takes us on a fascinating journey through the astonishing world of science. With Erika Engelhaupt, founding editor of *National Geographic's* *Gory Details* blog, as your guide, all your weirdest and wildest fascinations will be illuminated. From the biologist who endured countless honeybee stings to test which spot was the most painful to the dollhouse-sized replicas of crime scenes built to analyze blood splatter to NASA's enduring dilemma—do women need to have their periods in space?—this entertaining book explores oft-ignored but alluring facets of biology, anatomy, space exploration, nature, and more. Featuring top-notch reporting, interviews with leading researchers in the field, and a healthy dose of wit, *Gory Details* depicts the world's most intriguing real-world applications of science in all their glory—making geekiness cool all over again!

SIX FEET OVER

ADVENTURES IN THE AFTERLIFE

Canongate Books Does the light just go out and that's that – the million-year nap? Or will some part of my personality, my me-ness, persist? What will that feel like? What will I do all day? Is there a place to plug in my laptop?" Mary Roach trains her considerable humour and curiosity on the human soul, seeking answers from a varied and fascinating crew of contemporary and historical soul-searchers: scientists, schemers, engineers, mediums, all trying to prove (or disprove) that life goes on after we die. Along the way she encounters electromagnetic hauntings, out-of-body experiences, ghosts and lawsuits: Mary Roach sifts and weighs the evidence in her hilarious, inimitable style.

THE SPIRITUAL ANATOMY OF EMOTION

HOW FEELINGS LINK THE BRAIN, THE BODY, AND THE SIXTH SENSE

Simon and Schuster A cutting-edge examination of feelings, not thoughts, as the gateway to understanding consciousness • Contends that emotion is the greatest influence on personality development • Offers a new perspective on immunity, stress, and psychosomatic conditions • Explains how emotion is key to understanding out-of-body experience, apparitions, and other anomalous perceptions Contemporary science holds that the brain rules the body and generates all our feelings and perceptions. Michael Jawer and Dr. Marc Micozzi disagree. They contend that it is our feelings that underlie our conscious selves and determine what we think and how we conduct our lives. The less consciousness we have of our emotional being, the more physical disturbances we are likely to have—from ailments such as migraines, fibromyalgia, chronic fatigue, and post-traumatic stress to anomalous perceptions such as apparitions and involuntary out-of-body experiences. Using the latest scientific research on immunity, sensation, stress, cognition, and emotional expression, the authors demonstrate that the way we process our feelings provides a key to who is most likely to experience these phenomena and why. They explain that emotion is a portal into the world of extraordinary perception, and they provide the studies that validate the science behind telepathic dreams, poltergeists, and ESP. *The Spiritual Anatomy of Emotion* challenges the prevailing belief that the brain must necessarily rule the body. Far from being by-products of neurochemistry, the authors show that emotions are the key vehicle by which we can understand ourselves and our interactions with the world around us as well as our most intriguing—and perennially baffling—experiences.

THE BEST AMERICAN SCIENCE AND NATURE WRITING 2011

Houghton Mifflin Harcourt The *New York Times*-bestselling author of *Packing for Mars* presents fascinating essays by Jonathan Lethem, Jaron Lanier, Malcom Gladwell and others. Good science writing, as Mary Roach explains in her introduction, is a cure for ignorance and fallacy. But great science writing adds honey—in the form of engaging characters, stories, and wit—to make the medicine go down. This anthology reveals the essential humanity in our endless quest for knowledge and understanding. From a study of avian mating habits with unintended political implications to a sober exploration of the panic surrounding artificial intelligence, *The Best Science and Nature Writing 2011* offers food for thought in a variety of flavors. *The Best Science and Nature Writing 2011* includes entries by Deborah Blum, Burkhard Bilger, Ian Frazier, David H. Freedman, Atul Gawande, Stephen Hawking, Christopher Ketcham, Jill Sisson Quinn, Oliver Sachs, and others.

THE FIRST MAN-MADE MAN

THE STORY OF TWO SEX CHANGES, ONE LOVE AFFAIR, AND A TWENTIETH-CENTURY MEDICAL REVOLUTION

Bloomsbury Publishing USA In the 1920s, when Laura Dillon felt like a man trapped in a woman's body, there were no words to describe her condition: transsexual had yet to enter common usage. And there was no known solution to being stuck between the sexes. In a desperate bid to feel comfortable in her own skin, she experimented with breakthrough technologies that ultimately transformed the human body and revolutionized medicine. Michael Dillon's incredible story, from upper-class orphan girl to Buddhist monk, reveals the struggles of early transsexuals and challenges conventional notions of what gender really means.

DIRT: THE ECSTATIC SKIN OF THE EARTH

W. W. Norton & Company "A gleeful, poetic book...Like the best natural histories, *Dirt* is a kind of prayer." —*Los Angeles Times* Book Review "You are about to read a lot about dirt, which no one knows very much about." So begins the cult classic that brings mystery and magic to "that stuff that won't come off your collar." John Adams, Thomas Jefferson, Saint Phocas, Darwin, and Virgil parade through this thought-provoking work, taking their place next to the dung beetle, the compost heap, dowsing, historical farming, and the microscopic biota that till the soil. Whether William Bryant Logan is traversing the far reaches of the cosmos or plowing through our planet's crust, his delightful, elegant, and surprisingly soulful meditations greatly enrich our concept of "dirt," that substance from which we all arise and to which we all must return.

THE KNIFE MAN

Random House WINNER OF THE MEDICAL JOURNALISTS' OPEN BOOK AWARD 2005 Revered and feared in equal measure, John Hunter was the most famous surgeon of eighteenth-century London. Rich or poor, aristocrat or human freak, suffering Georgians knew that Hunter's skills might well save their lives but if he failed, their corpses could end up on his dissecting table, their bones and organs destined for display in his remarkable, macabre museum. Maverick medical pioneer, adored teacher, brilliant naturalist, Hunter was a key figure of the Enlightenment who transformed surgery, advanced biological understanding and even anticipated the evolutionary theories of Darwin. He provided inspiration both for Dr Jekyll and Dr Dolittle. But the extremes to which he went to pursue his scientific mission raised question marks then as now. John Hunter's extraordinary world comes to life in this remarkable, award-winning biography written by a wonderful new talent.

A WORLD OF LIGHT

U of Nebraska Press Continuing the story of his recovery from a viral attack that compromised his memory and cognitive powers, the author works to create a cohesive life for himself and his wife and faces the challenge of his mother's advancing dementia.

AMERICAN GREEN

THE OBSESSIVE QUEST FOR THE PERFECT LAWN

W. W. Norton Ted Steinberg proves once again that he is a master storyteller as well as our foremost environmental historian.—Mike Davis

PACKING FOR MARS FOR KIDS

WW Norton "America's funniest science writer" (*Washington Post*) asks the questions children ask in this young readers adaptation of her best-selling *Packing for Mars*. What is it like to float weightlessly in the air? What happens if you vomit in your helmet during a spacewalk? How do astronauts go to the bathroom? Is it true that they don't shower? Can farts really be deadly in space? Best-selling Mary Roach has the answers. In this whip-smart, funny, and informative young readers adaptation of her best-selling *Packing for Mars*, Roach guides us through the irresistibly strange, frequently gross, and awe-inspiring realm of space travel and life without gravity. From flying on NASA's *Weightless Wonder* to eating space food, *Packing for Mars for Kids* is chock-full of first-hand experiences and thorough research. Roach has crafted an authoritative and accessible book that is perfectly pitched to inquiring middle grade readers.

PACKING FOR MARS: THE CURIOUS SCIENCE OF LIFE IN THE VOID

W. W. Norton & Company "America's funniest science writer" (Washington Post) explores the irresistibly strange universe of life without gravity in this New York Times bestseller. The best-selling author of *Stiff* and *Bonk* explores the irresistibly strange universe of space travel and life without gravity. From the Space Shuttle training toilet to a crash test of NASA's new space capsule, Mary Roach takes us on the surreally entertaining trip into the science of life in space and space on Earth.

SIX FEET OVER

SCIENCE TACKLES THE AFTERLIFE

W. W. Norton The best-selling author of *Stiff: The Curious Lives of Human Cadavers* now trains her considerable wit and curiosity on the human soul. What happens when we die? Does the light just go out and that's that the million-year nap? Or will some part of my personality, my me-ness persist? What will that feel like? What will I do all day? Is there a place to plug in my lap-top?" In an attempt to find out, Mary Roach brings her tireless curiosity to bear on an array of contemporary and historical soul-searchers: scientists, schemers, engineers, mediums, all trying to prove (or disprove) that life goes on after we die. She begins the journey in rural India with a reincarnation researcher and ends up in a University of Virginia operating room where cardiologists have installed equipment near the ceiling to study out-of-body near-death experiences. Along the way, she enrolls in an English medium school, gets electromagnetically haunted at a university in Ontario, and visits a Duke University professor with a plan to weigh the consciousness of a leech. Her historical wanderings unearth soul-seeking philosophers who rummaged through cadavers and calves' heads, a North Carolina lawsuit that established legal precedence for ghosts, and the last surviving sample of "ectoplasm" in a Cambridge University archive.

WHAT HAPPENS AFTER LIFE?

INVESTIGATING THE SCIENCE, PHILOSOPHY AND THEOLOGY

Ockham Publishing Group What happens to us when we die? It's a question that has been debated for centuries, moulded through time to fit our ever changing views. Many religions teach that how we act in our life will determine where we will end up after life. If you follow religious teachings and adhere to their ethical standards, you will be rewarded and spend an eternity in heaven. If not, you will be punished and forced to spend forever in hell. Modern science, however, will tell you a completely different story: fanciful, hopeful tales of an afterlife are both rationally explainable and lacking in evidence. Theologian Matthew O'Neil demonstrates that the contemporary religious view of the afterlife is far from what our ancestors envisioned. Subjecting both original Scripture and contemporary faith to the rigours of modern science and rational philosophy, he seeks to answer one of humanities most famous puzzles: what happens After Life?

SCIENCE AND SPIRIT

EXPLORING THE LIMITS OF CONSCIOUSNESS

iUniverse Are you out of your body? At least part of you may be, if consciousness can extend beyond the brain in your skull. In *Science and Spirit*, authors Charles F. Emmons and Penelope Emmons explore some intriguing questions: What evidence is there for consciousness apart from the body, and what evidence is there for survival of consciousness after bodily death? Through ethnographic interviews with scientists, observations at conferences, and visits to research institutes, they investigate the existence and meaning of ESP, out-of-body experiences, near-death experiences, reincarnation, spirit mediumship, lucid dreaming, and ghost experiences. In this study, they share a variety of scientific frames for looking at these questions and happenings, and they disclose their own paranormal experiences. *Science and Spirit* uses a unique blend of strong academic and scientific theory and methodology and applies it to the examination of paranormal topics.

GHOSTS AND SPIRITS

Marshall Cavendish "A critical exploration of ghosts and haunted houses"--Provided by publisher.

MODERN SCIENCE AND THE PARANORMAL

The Rosen Publishing Group, Inc This book uses scientific theory to explain some of the extrascientific phenomena such as UFOs and poltergeists.

THE ART OF SOLITUDE

Yale University Press In a time of social distancing and isolation, a meditation on the beauty of solitude from renowned Buddhist writer Stephen Batchelor "Whatever a soul is, the author goes a long way toward soothing it. A very welcome instance of philosophy that can help readers live a good life."—Kirkus Reviews "Elegant and formally ingenious."—Geoff Wisner, *Wall Street Journal* When world renowned Buddhist writer Stephen Batchelor turned sixty, he took a sabbatical from his teaching and turned his attention to solitude, a practice integral to the meditative traditions he has long studied and taught. He aimed to venture more deeply into solitude, discovering its full extent and depth. This beautiful literary collage documents his multifaceted explorations. Spending time in remote places, appreciating and making art, practicing meditation and participating in retreats, drinking peyote and ayahuasca, and training himself to keep an open, questioning mind have all contributed to Batchelor's ability to be simultaneously alone and at ease. Mixed in with his personal narrative are inspiring stories from solitude's devoted practitioners, from the Buddha to Montaigne, from Vermeer to Agnes Martin. In a hyperconnected world that is at the same time plagued by social isolation, this book shows how to enjoy the inescapable solitude that is at the heart of human life.

OPENING HEAVEN'S DOOR

WHAT THE DYING ARE TRYING TO SAY ABOUT WHERE THEY'RE GOING

Simon and Schuster Nearing Death Awareness is a phenomenon rarely discussed by those who have experienced it and often dismissed by our culture because it defies science or logic. Yet roughly half of bereaved people, as well as nurses and others who constantly observe the dying, have stories of coincidental visions at the exact moment of a loved one's death, comforting visits from a departed friend in an hour of need, and observations of the uncanny precision with which the dying predict their own deaths, even when they appear to the trained eye to be on the brink of recovery. These surprisingly common occurrences point toward a larger spiritual reality, and the reality of life (or something else) after death. They also have the power to console and comfort us and to transform our understanding of mortality. Prompted by her own family's experiences surrounding the deaths of her father and sister, journalist Patricia Pearson examines the scientific and anecdotal evidence to challenge current assumptions regarding what we know and what we are still unable to explain about what happens to us at the threshold of death.--Adapted from publisher description.

DOES THE SOUL SURVIVE? 2ND EDITION

A JEWISH JOURNEY TO BELIEF IN AFTERLIFE, PAST LIVES & LIVING WITH PURPOSE

Jewish Lights Publishing Draws on Jewish texts to share that belief in near-death experiences, reincarnation, past-life memory and the work of mediums is in fact true to Jewish tradition. Rabbi Spitz looks squarely at both sides of the issues in this updated second edition, including the discrepancies in near-death experiences and other accounts.

DOES THE SOUL SURVIVE?

A JEWISH JOURNEY TO BELIEF IN AFTERLIFE, PAST LIVES & LIVING WITH PURPOSE

Jewish Lights Publishing The author look beyond the grave to explore Jewish beliefs about the afterlife, drawing on traditional Jewish texts to discuss numerous perspectives on this important topic.

THE GATES OF JANUS

SERIAL KILLING AND ITS ANALYSIS BY THE MOORS MURDERER IAN BRADY

Feral House To understand human character, one must first explore the depraved reaches of human consciousness

SYNCHRONICITY AND THE OTHER SIDE

YOUR GUIDE TO MEANINGFUL CONNECTIONS WITH THE AFTERLIFE

Crossroad Press You see your grandmother's favorite bird outside your window not long after her death. You inexplicably feel drawn to vacation at a remote location you've never been to, only to discover that your ancestors lived there hundreds of years ago. Everywhere you look, you notice the numbers 1111—on clocks, license plates, odometers. Signs from the afterlife are everywhere—if you only know how to look. In this groundbreaking book, you'll discover how meaningful coincidence—synchronicity—is key to your connecting with loved ones who have passed on. Such contact can come to you through dreams and meditation, mediums and signs, and more. From the unexpected appearance of familiar animals, images, and sounds to clusters of numbers and objects, you'll learn how to recognize when and how people from the other side are trying to connect with you.

HUMAN CHEMISTRY (VOLUME TWO)

Lulu.com Volume two begins with Goethe's theories of affinities, i.e. the chemical reaction view of human life in 1809. This is followed by the history of how the thermodynamic (1876) and quantum (1905) revolutions modernized chemistry such that affinity (the 'force' of reaction) is now viewed as a function of thermodynamic 'free energy' (reaction spontaneity) and quantum 'valency' (bond stabilities). The composition, energetic state, dynamics, and evolution of the human chemical bond A?B is the centerpiece of this process. The human bond is what gives (yields) and takes (absorbs) energy in life. The coupling of this bond energy, driven by periodic inputs of solar photons, thus triggering activation energies and entropies, connected to the dynamical work of life, is what quantifies the human reaction process. This is followed by topics including mental crystallization, template theory, LGBT chemistry, chemical potential, Le Chatelier's principle, Muller dispersion forces, and human thermodynamics.

HAUNTED WISCONSIN

GHOSTS AND STRANGE PHENOMENA OF THE BADGER STATE

Stackpole Books There is absolutely no better guide for haunted Wisconsin. Linda S. Godfrey. With her smooth journalistic style and her keen sense of what makes a good ghost story, she has the ability to send chills up and down your spine --Brad Steiger, author of *Real Ghosts, Restless Spirits, and Haunted Places* Wisconsin's leading authority on the paranormal presents strange stories from around the state, from witches in the Wisconsin Dells to spirits in the State Capitol. Readers will encounter Kenosha's Headless Nun, the Man Bat of Lacrosse, Rocky the Rock Lake Monster, and John Dillinger's phantom. They will explore Aztalan's ancient mounds, the ghostly bars and taverns of Madison and Milwaukee, and the creepy town of Caryville, one of the most haunted places in America.

PREPARING TO DIE

PRACTICAL ADVICE AND SPIRITUAL WISDOM FROM THE TIBETAN BUDDHIST TRADITION

Shambhala Publications We all face death, but how many of us are actually ready for it? Whether our own death or that of a loved one comes first, how prepared are we, spiritually or practically? In *Preparing to Die*, Andrew Holecek presents a wide array of resources to help the reader address this unfinished business. Part One shows how to prepare one's mind and how to help others, before, during, and after death. The author explains how spiritual preparation for death can completely transform our relationship to the end of life, dissolving our fear and helping us to feel open and receptive to letting go in the dying process. Daily meditation practices, the stages of dying and how to work with them, and after-death experiences are all detailed in ways that will be particularly helpful for those with an interest in Tibetan Buddhism and in Tibetan approaches to conscious dying. Part Two addresses the practical issues that surround death. Experts in grief, hospice, the funeral business, and the medical and legal issues of death contribute chapters to prepare the reader for every practical concern, including advance directives, green funerals, the signs of death, warnings about the funeral industry, the stages of grief, and practical care for the dying. Part Three contains heart-advice from twenty of the best-known Tibetan Buddhist masters now teaching in the West. These brief interviews provide words of solace and wisdom to guide the dying and their caregivers during this challenging time. *Preparing to Die* is for anyone interested in learning how to prepare for death from a Buddhist perspective, both spiritually and practically. It is also for those who want to learn how to help someone else who is dying, both during the time of illness and death as well as after death.

ADVENTURES WITH ARI

A PUPPY, A LEASH & OUR YEAR OUTDOORS

Skyhorse + ORM In this "charming, rich, intelligent" memoir, a woman discovers the natural world by following her dog's lead (Jeffrey Moussaieff Masson, New York Times bestselling author of *When Elephants Weep*). When she adopted Ari, an exotic Jindo dog, Kathryn Miles steeled herself for the usual disruptions that come with a new puppy. But she didn't realize how transformative her relationship with Ari would be. As the two of them began to explore the outdoors together, walking through the forest near their Maine log cabin, she realizes that a dog sees the world quite differently from a person (for starters, he or she is much closer to the ground)—and that looking at things from Ari's point of view was a way to truly take in the sights, sounds, and smells of nature. Determined to let Ari lead the way and live life on her own terms, she set some basic ground rules, then took the leash off her dog and the blinders off her own eyes. In this memoir, she recounts the experience. She and Ari explore a backyard landscape of grass, mud, snow, trees, and the occasional fox. They find the scent of a northern wind, the footprints of a startled raccoon, and other secrets of the natural world. The puppy's free-spirited outlook teaches Kathryn to see more when she might otherwise have seen less, while adding a certain excitement and clarity of vision. Soon, Kathryn begins to give up control and know the world as Ari does. *Adventures with Ari* makes compelling reading for dog lovers as well as anyone who's been out and about in the woods. Like most projects of discovery, this process forces Kathryn to uncover much more than the physical—it allows important insight to her thoughts and feelings and her relationship with her entire family, all thanks to a puppy named Ari. "Some discover nature through gardening, others through camping, and a rare few—such as Kathryn Miles—by gripping the end of a leash as the family dog reveals the great outdoors." —Hannah Holmes, author of *The Well Dressed Ape: A Natural History of Myself*

NEVER SUCK A DEAD MAN'S HAND:

Trade Paperback "Informative, witty . . . Kollmann delivers terse commentary and gory detail while puncturing common misconceptions about forensics." —Booklist Step past the flashing lights into the true scene of the crime with this frank, unflinching, and unforgettable account of life as a crime scene investigator. Whether explaining rigor mortis or the art of fingerprinting a stiff corpse on the side of the road, Dana Kollmann details her true, unvarnished experiences as a CSI for the Baltimore County Police Department. "Riveting." —M. William Phelps, New York Times bestselling author of *We Thought We Knew You* Unlike the popular crime dramas proliferating on today's television networks, these forensic tales forgo glitz for grit to show what really goes on. Kollmann recounts stories that the cops and the CSI's usually leave in the field, bringing the sights, smells, and sounds of a crime scene alive as never before. "Raw and real." —Connie Fletcher, author of *Every Contact Leaves a Trace* Unveiling the process and science of crime scene investigation in all its can't-tear-your-eyes-away fascination, *Never Suck a Dead Man's Hand* takes you into the strange world behind the yellow tape, offering a truly eye-opening perspective on the day-to-day life of a CSI. "Gritty, witty, and heartfelt . . . a must-read." —Aphrodite Jones, New York Times bestselling author of *A Perfect Husband*

PSIENCE

EASYREAD LARGE BOLD EDITION

ReadHowYouWant.com This is a book of theories, of possibilities, concepts, dreams, and speculations, based upon a lot of hard (and soft) evidence and a lot of reaching beyond the boundaries of the known into that gray zone, where, heck, let's face it, anything is possible. It is exciting and fun and intriguing and just might resonate with others out there who have had unusual experiences that couldn't be duplicated in a lab or reduced to a math equation. It is one truth in a multiverse of truths waiting to be discovered, if that is at all possible. There isn't a scientist, skeptic, student, or sage alive who knows the ultimate reality of reality. All we can do is guess, and hope that maybe, when we leave this earth, we might get a glimpse of truth. But that's what makes it so exciting . . . the guessing. The hope.